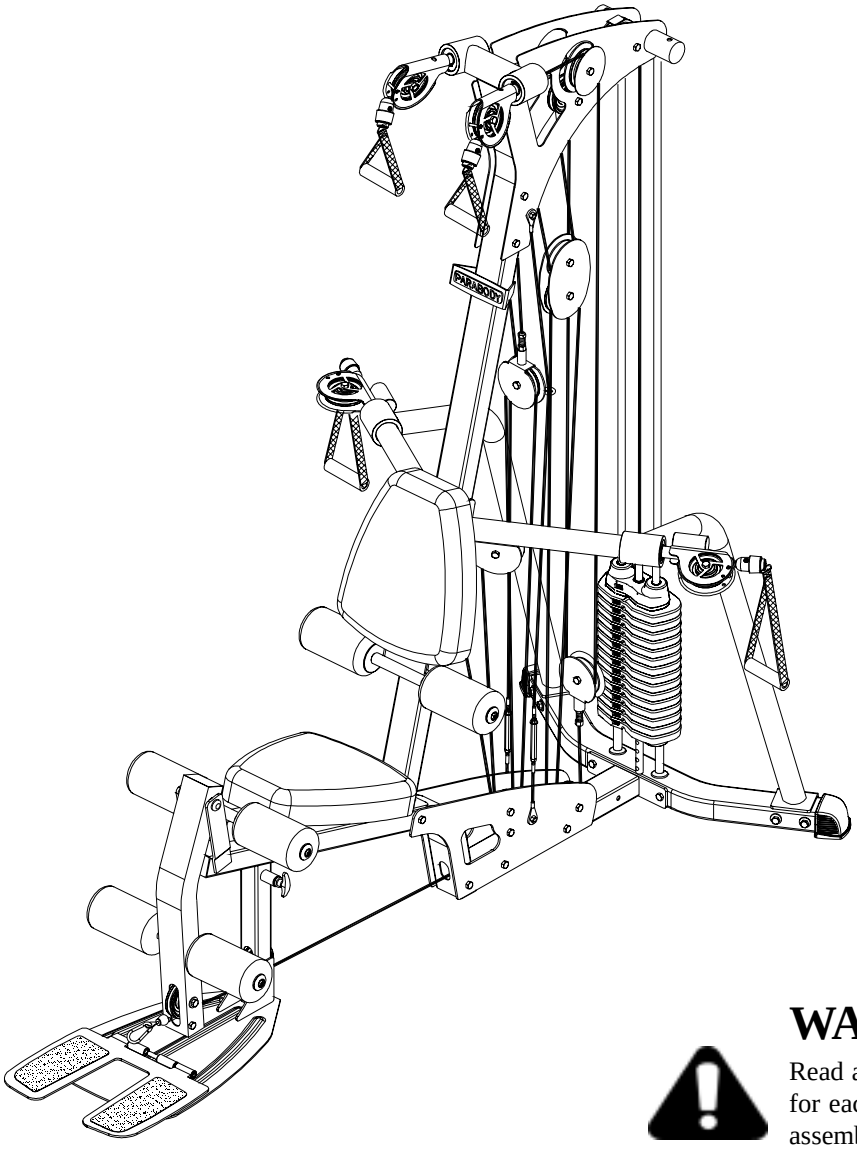
CM3 GYM SYSTEM



WARNING:

Read and follow all directions for each step to insure proper assembly of this product.

USER'S GUIDE

CLASS H
PART # 7657801
REV.A

Version: CM3-105
Revision: 09/01/05

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IMPORTANT SAFETY INFORMATION

THERE IS A RISK ASSUMED BY INDIVIDUALS WHO USE THIS TYPE OF EQUIPMENT. TO MINIMIZE RISK FOLLOW THESE RULES**!**

1. Before using, read all the warnings and instructions on the use of this machine. Use only for intended exercise. **DO NOT** modify the machine.

2. Obtain a medical exam before beginning any exercise program.

3. Keep body and clothing free of all moving objects.

4. Inspect the machine before use. **DO NOT** use it if it appears damaged. **DO NOT** attempt to fix a broken or jammed machine. Notify your authorized ParaBody dealer before use and have repairs made by an authorized service technician.

5. Be certain that weight pin is completely inserted. Use only the pin provided by the manufacturer. If unsure, call your authorized ParaBody dealer.

6. Never pin the weights or prop plate into an elevated position. **DO NOT** use the machine if found in this condition. **DO NOT** attempt to fix. Notify your authorized ParaBody dealer.

7. Inspect cables and their connections before using machine. Pay particular attention to the cable ends. **DO NOT** attempt to fix. Notify your authorized ParaBody dealer before use and have repairs made by an authorized service technician.

8. Make sure all spring loaded pull pins are fully engaged in the adjustment position and fully tighten thumbscrew before use.

9. Children must not be allowed near this machine. Supervise teenagers.

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NOTE: In a continual effort to improve our products, specifications are subject to change

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www.parabody.com

IMPORTANT NOTES

Please note:

* Thank you for purchasing the ParaBody CM3 Gym System. Please read these instructions thoroughly and keep them for future reference.

* This product must be assembled on a flat, level surface to assure its proper function.

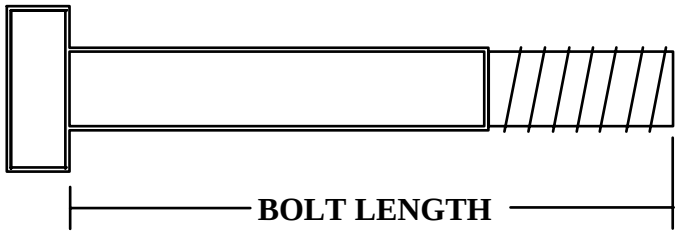
* Do not securely tighten any frame connections until the entire frame have been assembled unless otherwise specified.

Tools Required for Assembly

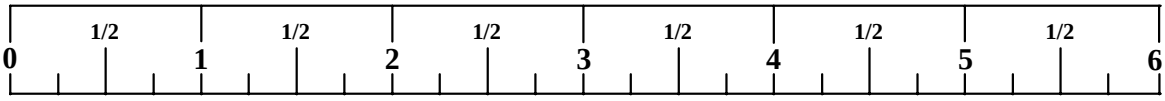
* Rubber mallet or hammer
* 3/4” wrench
* 9/16” wrench
* Ratchet with 3/4” and 9/16” sockets
* 5/32” Allen wrench
* Adjustable wrench
* Tape measure

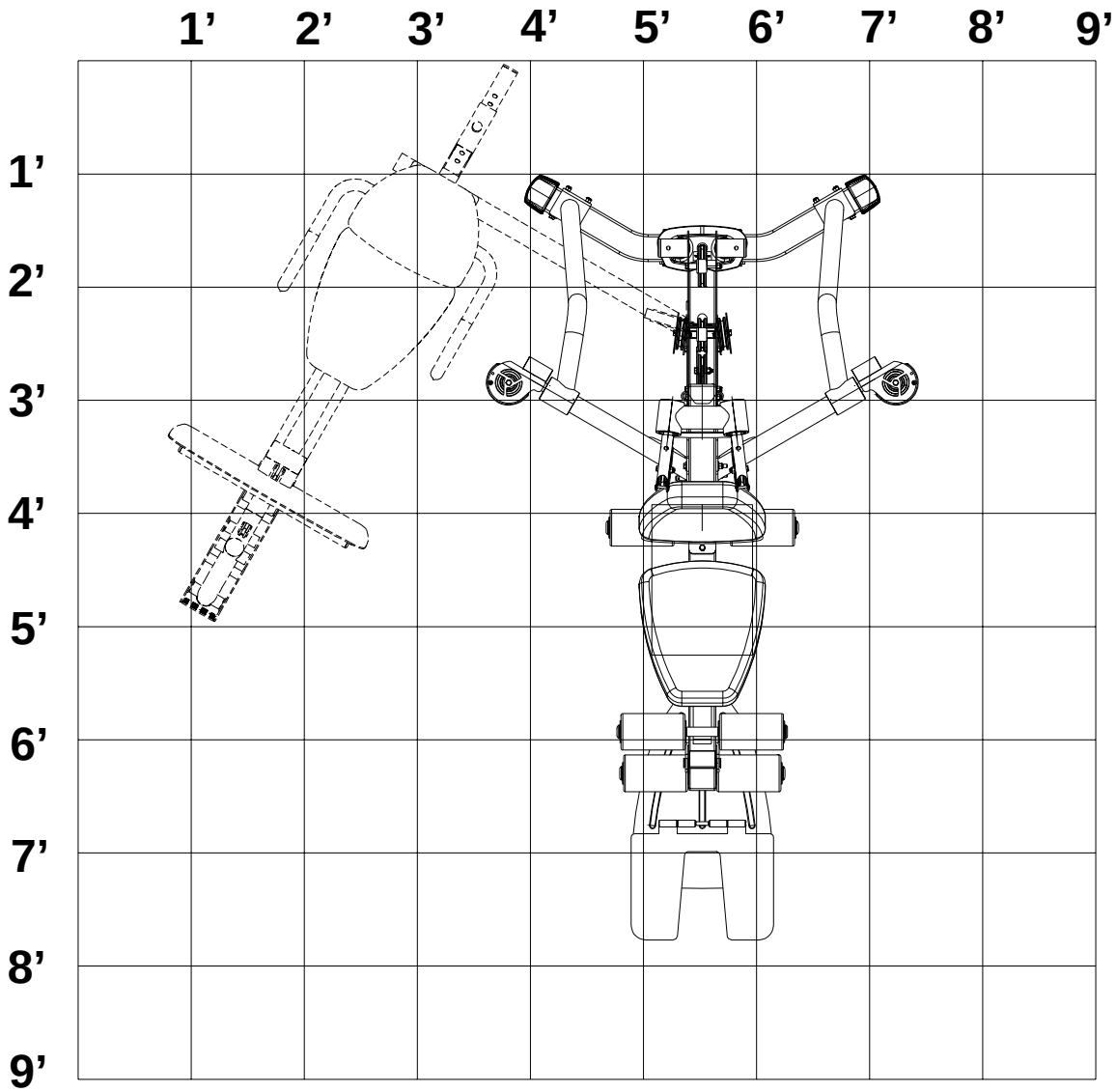
Bolt Length Ruler

NOTE: BOLT LENGTH IS MEASURED FROM THE UNDERSIDE OF THE HEAD OF THE BOLT.



BOLT LENGTH RULER:





1 Square = 1’ X 1’

Minimum Required Usable Space

Length = 90 inches (229 cm) 7’ 6”
Width = 103 inches (262 cm) 8’ 7”
Height = 84 inches (213.5 cm) 7”

Dimensions Including LP5 Leg Press (optional)

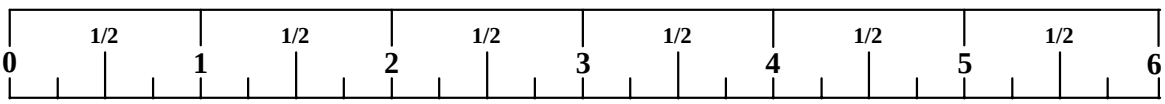
Length = 102 inches (259 cm) 8’ 6”
Width = 130 inches (330 cm) 10’ 10”

PARTS LIST

KEY	PART #	DESCRIPTION	QTY
1	ACU04-0906	FRONT BASE	1
2	ACU04-0909	UPRIGHT	1
3	ACU04-0907	BASE CONNECTOR	1
4	ACU04-0908	REAR BASE	1
5	ACU04-0902	RIGHT ARM	1
6	ACU04-0903	LEFT ARM	1
7	ACU04-1162	SEAT ADJUST	1
8	ACU04-1157	LEG PEDESTAL	1
9	ACU04-1172	PULLEY BRACKET	1
10	ACU02-1071	PULLEY PLATE	2
11	ACU02-1093	BASE PLATE	2
12	ACU05-0295	C-RING	2
13	ACU02-1092	BOOM PULLEY PLATE	2
14	ACU04-0905	RIGHT BOOM PLATE	1
15	ACU04-0904	LEFT BOOM PLATE	1
16	ACU07-0100	SEAT/BACK PAD	2
17	ACU06-0337	ROLLER PAD	6
18	ACU01-2155	76” GUIDE ROD	2
19	ACU12-0067	ADJUST. SEWN HANDLE	2
20	ACU12-0068	SHORT SEWN HANDLE	2
21	ACU7292501	WEIGHT PLATE	15
22	ACU04-0622	LOW ROW BAR	1
23	ACU10-0204ASY	HEAD PLATE ASSY	1
24	ACU04-0932A	3/4 X 18” TUBE	1
25	ACU04-0934A	3/4 X 18-3/8” TUBE	1
26	ACU04-0935	3/4 X 21” TUBE	1
27	ACU11-0060	WEIGHT STACK PIN	1
28	ACU06-0034	WEIGHT STACK CUSHION	2
29	ACU13-0112-2	WEIGHT STACK CABLE	1
30	ACU13-0112-4	LEG CABLE	1
31	ACU13-0112-5	ARM CABLE	1
32	ACU13-0112-1	BOOM CABLE	1
33	ACU04-1165	WEIGHT STACK SPACER	2
34	ACU04-1171	3-1/2 CABLE GUARD	1
35	ACU04-1342	4-1/2 CABLE GUARD	1
36	ACU05-0212	SHAFT COLLAR	2

KEY	PART #	DESCRIPTION	QTY
37	ACU06-0051	3-1/2” PULLEY	18
38	ACU06-0035	4-1/2” PULLEY	3
39	ACUKN000097	QUICK CONNECT	4
40	ACU11-0068	T-HANDLE SPRING PIN	1
41	ACUDI1080080U	SNAP LINK	4
42	ACU04-1343	GUIDE BRACKET	1
43	ACU06-0194	3 PRONG KNOB	1
44	ACU05-0277	ROLLER PAD CAP	6
45	ACU06-0363	PLASTIC WASHER	12
46	ACU05-0146	1/2” RH WASHER	2
47	ACU06-0021	RH CAP	2
48	ACU08-0074	3/8” X 3/4” FLANGE SPACER	2
49	ACU08-0066	3/8 X 1-1/16” FLANGE SPACER	2
50	ACU05-0300	ACCESSORY RING	2
51	ACU03-0042	3/8” X 1” SPACER	9
52	ACUMD000059	WEIGHT STACK LABEL	1
53	ACUDA1E03813416NB	3/8 X 1-3/4” BOLT	10
54	ACUDAEE51610018YB	5/16 x 1” BUTTON HEAD	6
55	ACUDA1E03820016NB	3/8 X 2” BOLT	2
56	ACU06-0358	2” NYLON SPACER	4
57	ACUDA1E03833416NB	3/8 X 3-3/4” BOLT	20
58	ACUDA1C01210413NB	1/2 X 104mm BOLT	1
59	ACU05-0030	12 LINK CHAIN	1
60	ACUDA1E03823416NB	3/8 X 2-3/4” BOLT	2
61	ACUDA1C01253413NB	1/2 X 5-3/4” BOLT	1
62	ACUDB2E01208000B	1/2” LOW HEIGHT LOCK NUT	2
63	ACUDB2E03811000B	3/8” LOCK NUT	40
64	ACUDC1250100020B	3/8” FLAT WASHER	18
65	ACU13-0112-3	GUIDE CABLE	2
66	ACU04-1100	FOOT PLATE	1
67	ACUDA1E03830016NB	3/8 X 3” BOLT	4
68	ACUDA1E03841416NB	3/8 X 4-1/4” BOLT	4
70	ACUDA1E03811416NB	3/8 X 1-1/4” BOLT	2
71	AP04-0910	BACK PAD ADJUSTMENT	1
72	P04-0911	SWIVEL PULLEY ASSEMBLY	2
73	ACU12-0041	ANKLE STRAP	1

NOTE: SOME OF THE PARTS LISTED MAY BE PRE-INSTALLED.



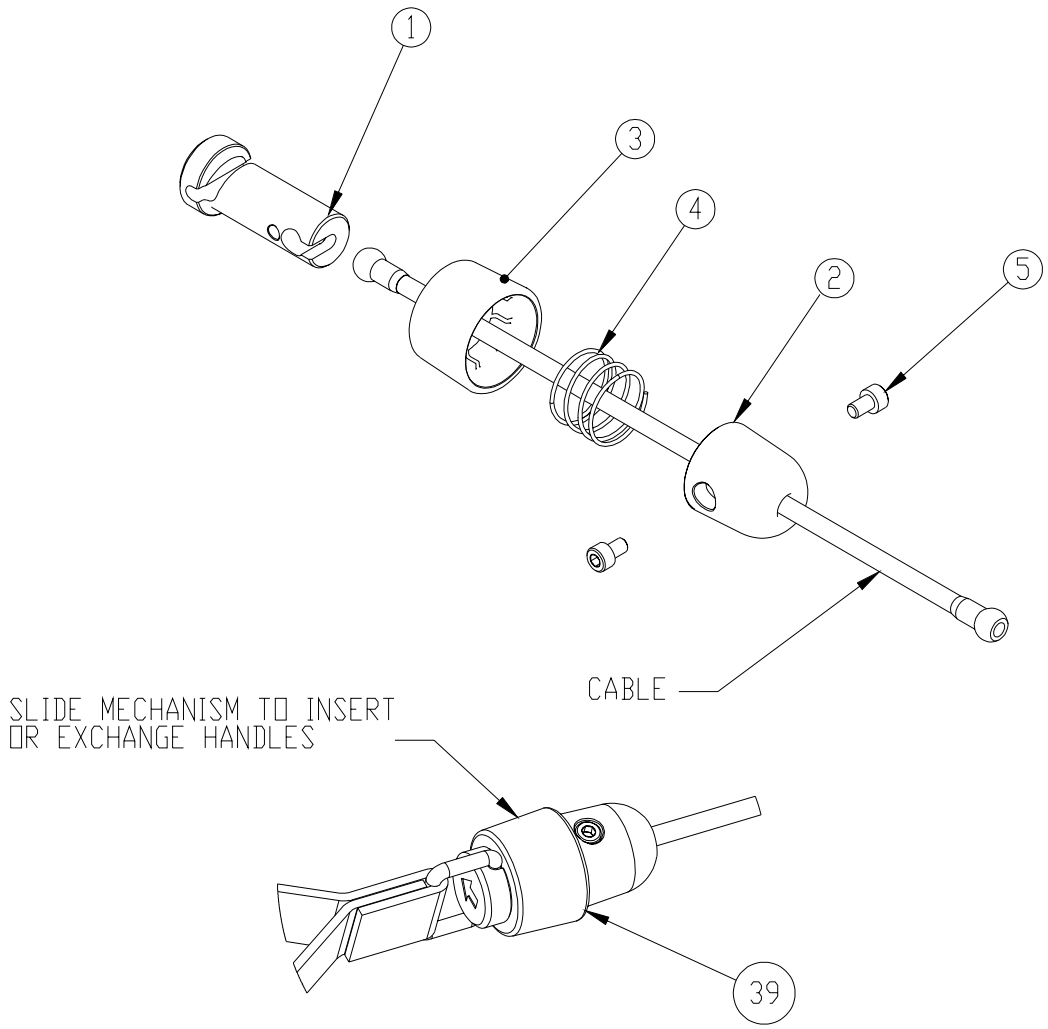
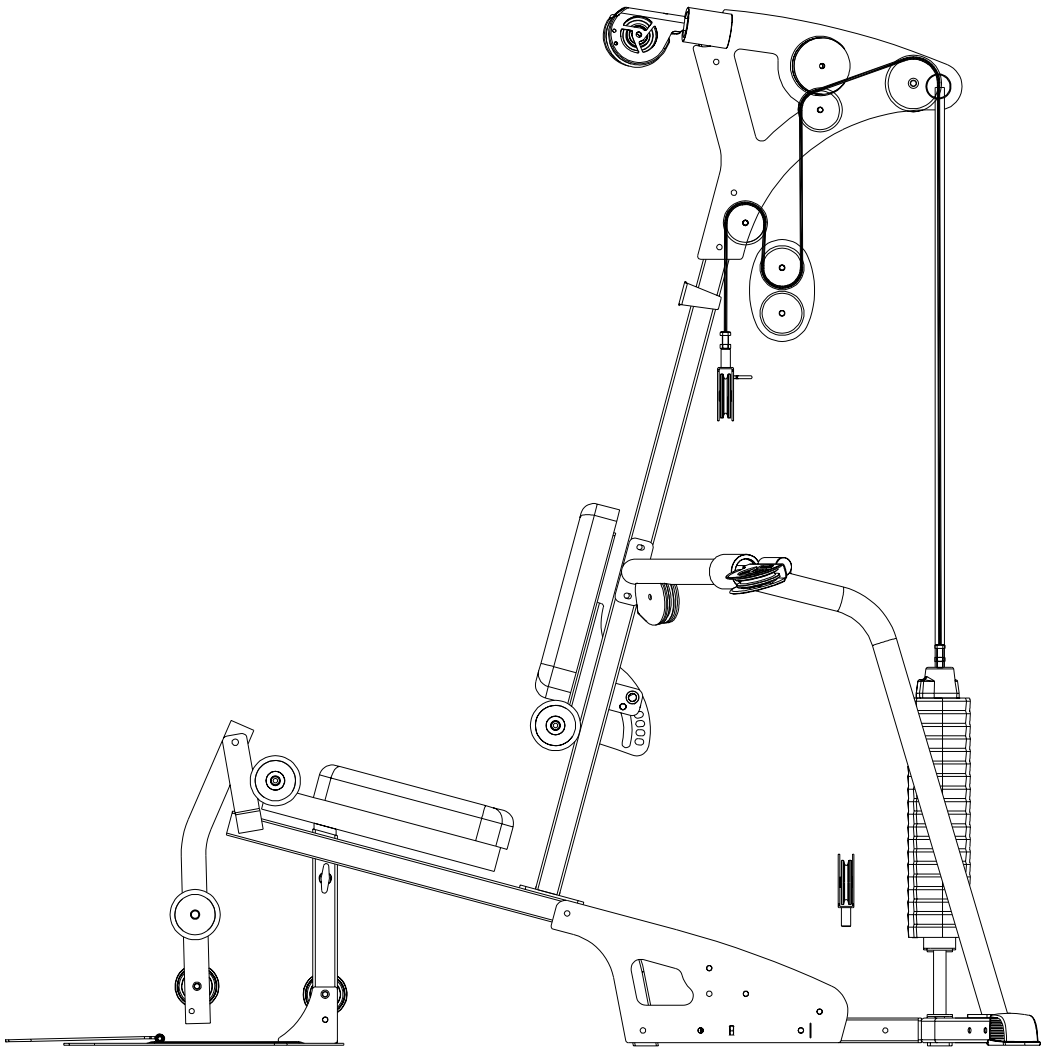


DIAGRAM 1

- Slide each item onto the cable as follows: ITEM 2, ITEM 4, ITEM 3, and insert cable end into ITEM 1.

- Slide entire assembly over ITEM 1 and secure by screwing ITEM 5 both sides into ITEM 4 and TIGHTEN.



P13-0112-2
DIAGRAM 2

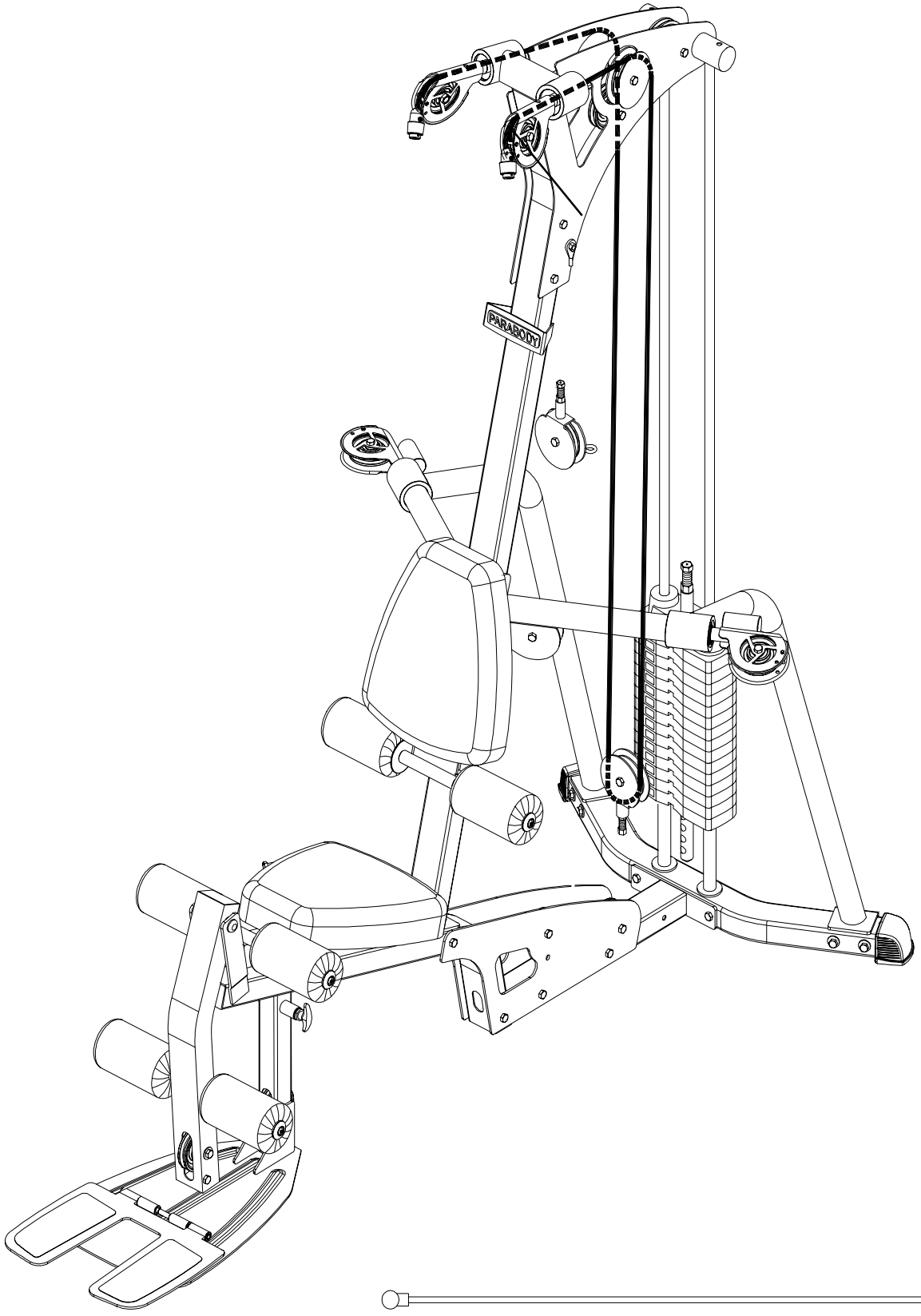


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DIAGRAM 3

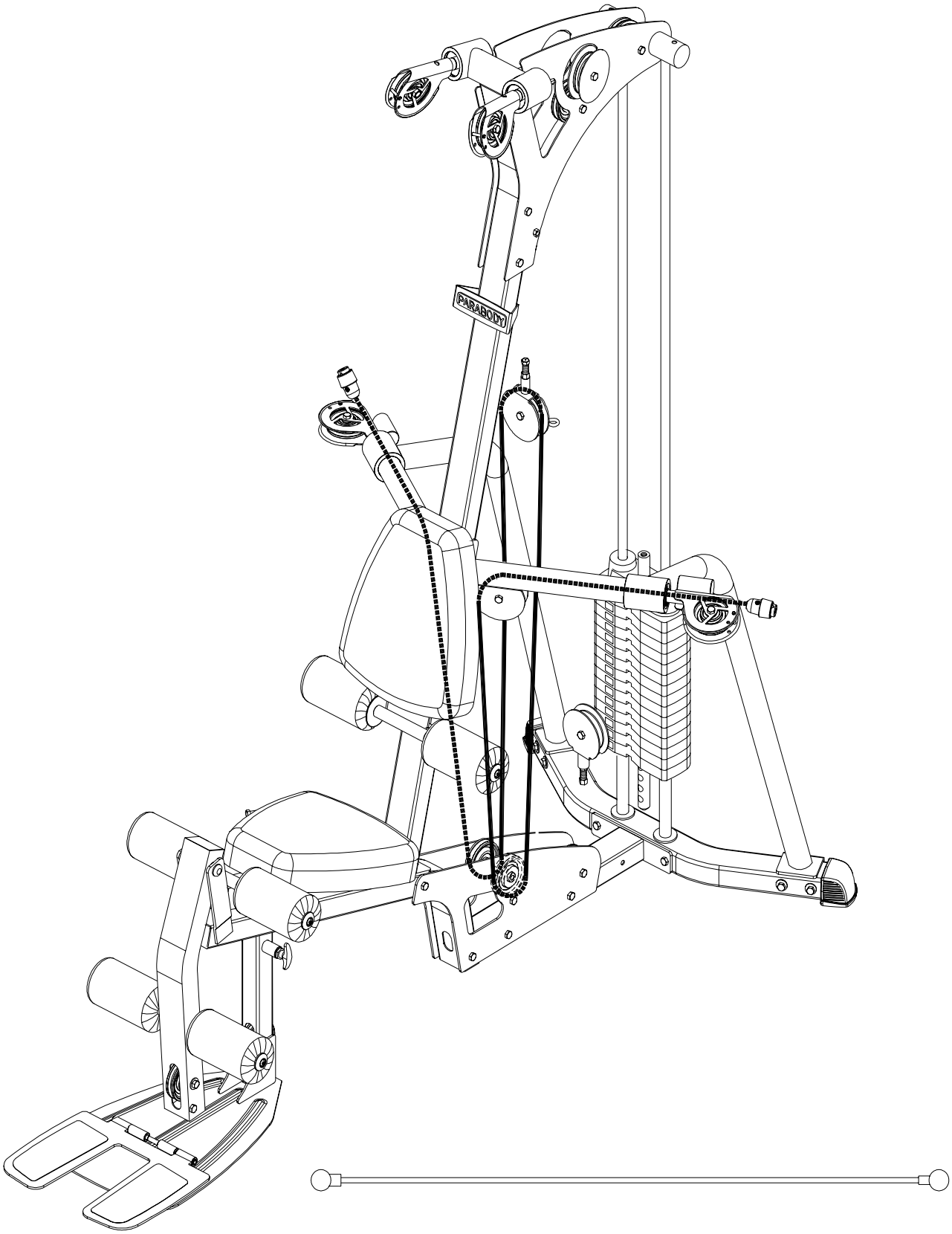

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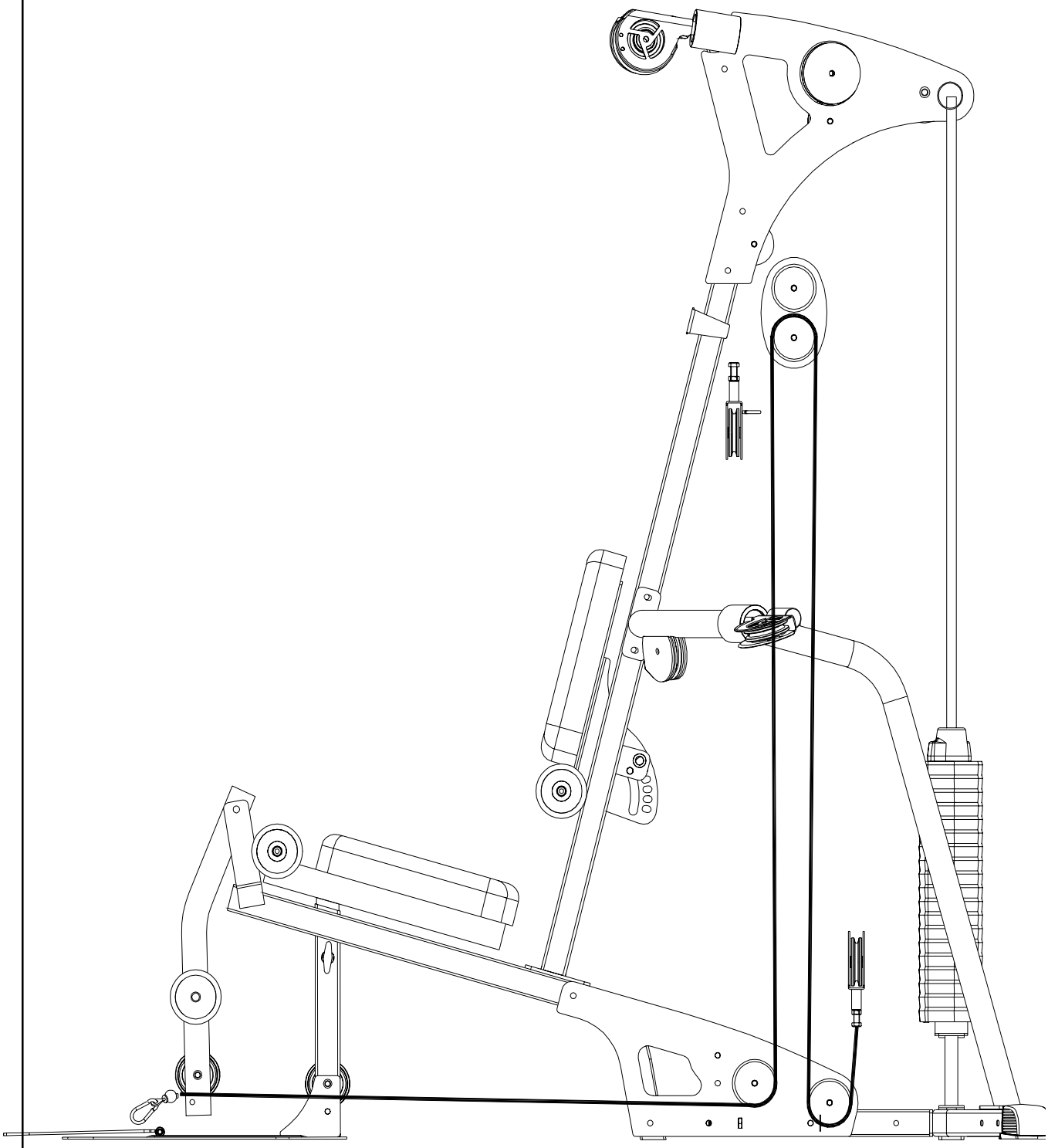
DIAGRAM 4



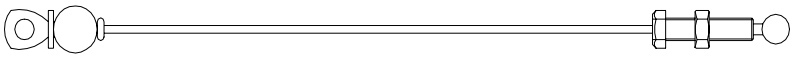


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DIAGRAM 5

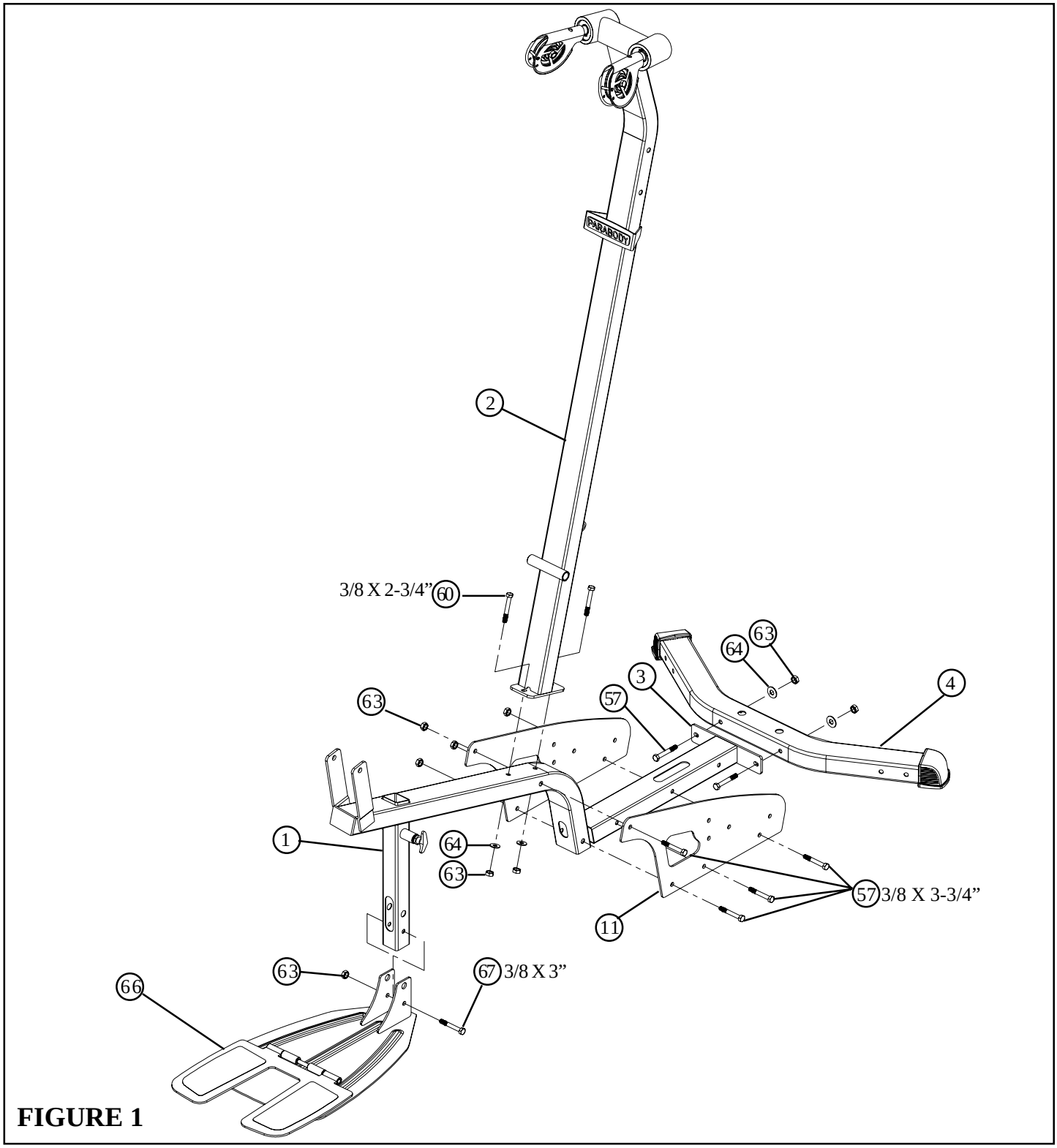


FIGURE 1

STEP 1:

- **LOOSELY** assemble two BASE PLATES (11) to the FRONT BASE (1) and the BASE CONNECTOR (3) using four 3/8 X 3-3/4" BOLTS (57) and four 3/8" LOCK NUTS (63). See FIGURE 1.
- **LOOSELY** assemble the FOOTPLATE (66) to the FRONT BASE (1) using one 3/8 X 3" BOLT (67) and one 3/8" LOCK NUT (63) as shown in FIGURE 1.
- **LOOSELY** assemble the REAR BASE (4) to the BASE CONNECTOR (3) using two 3/8 X 3-3/4 BOLTS (57) two 3/8" WASHERS (64) and two 3/8" LOCK NUTS (63)
- **LOOSELY** assemble the UPRIGHT (2) to the FRONT BASE (1) using two 3/8 X 2-3/4 BOLTS (60) two 3/8" WASHERS (64) and two 3/8" LOCK NUTS (63)

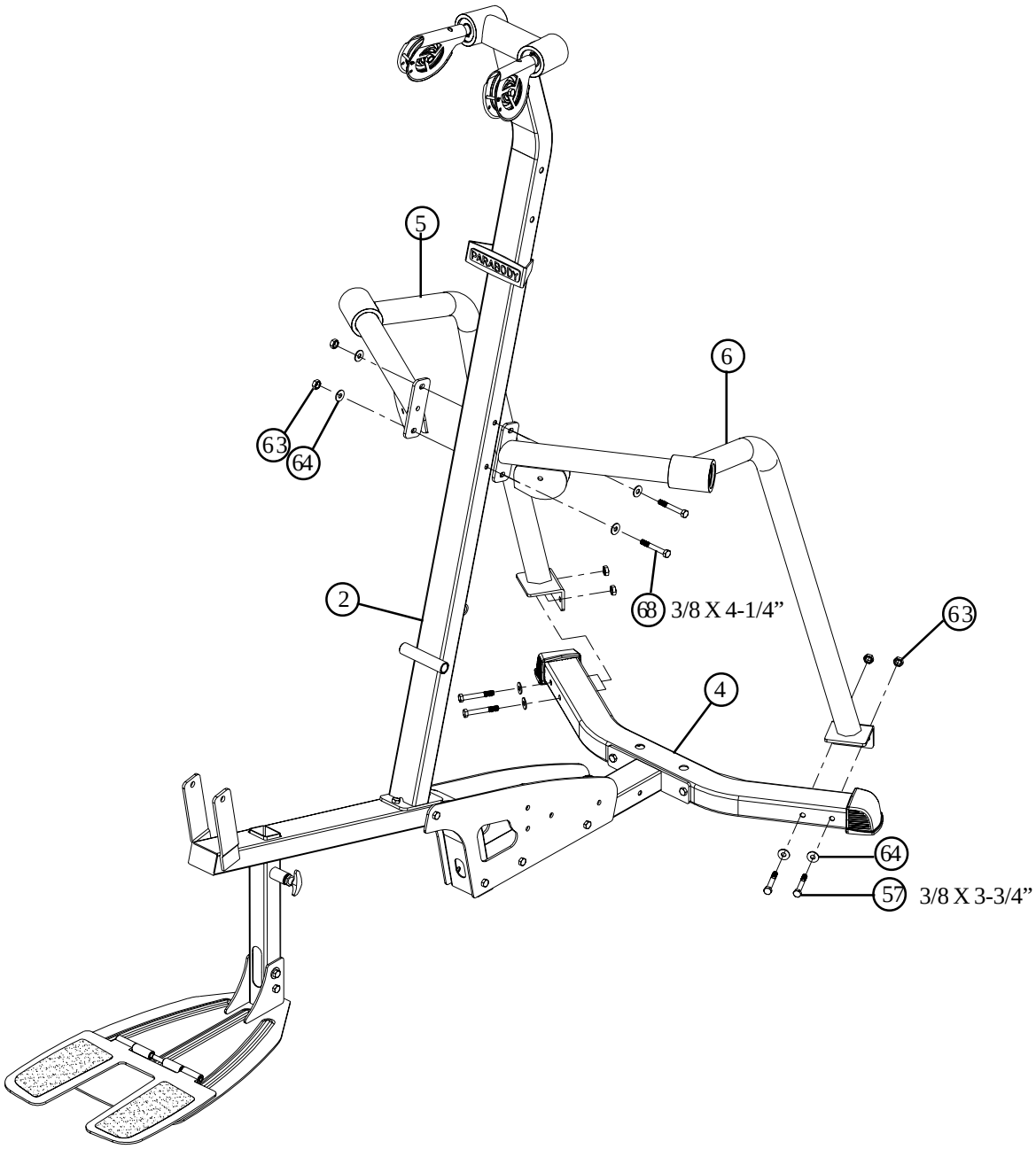
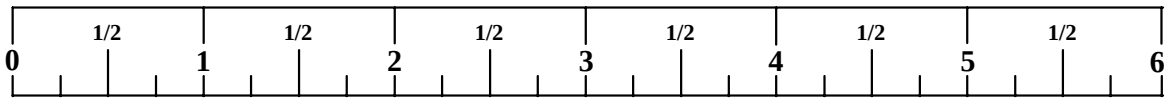


FIGURE 2

STEP 2:

- **LOOSELY** assemble the RIGHT ARM (5) and REAR BASE (4) using two 3/8 X 3-3/4" BOLTS (57) two 3/8" WASHERS (64) and two 3/8" LOCK NUTS (63)
- **LOOSELY** assemble the LEFT ARM (6) and REAR BASE (4) using two 3/8 X 3-3/4" BOLTS (57) two 3/8" WASHERS (64) and two 3/8" LOCK NUTS (63)
- **LOOSELY** assemble both LEFT ARM (5) and RIGHT ARM (6) to the UPRIGHT (2) using two 3/8 X 4-1/4" BOLTS (68) four 3/8" WASHERS (64) and two 3/8" LOCK NUTS (63)



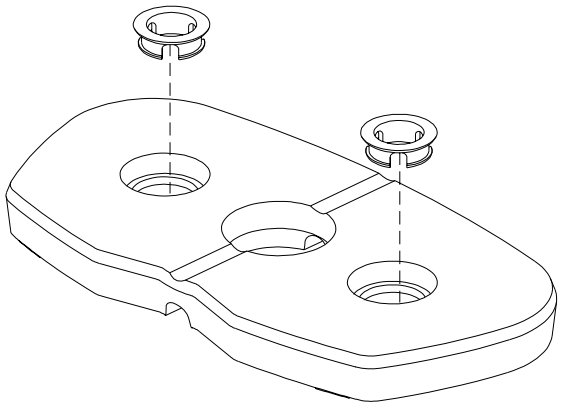
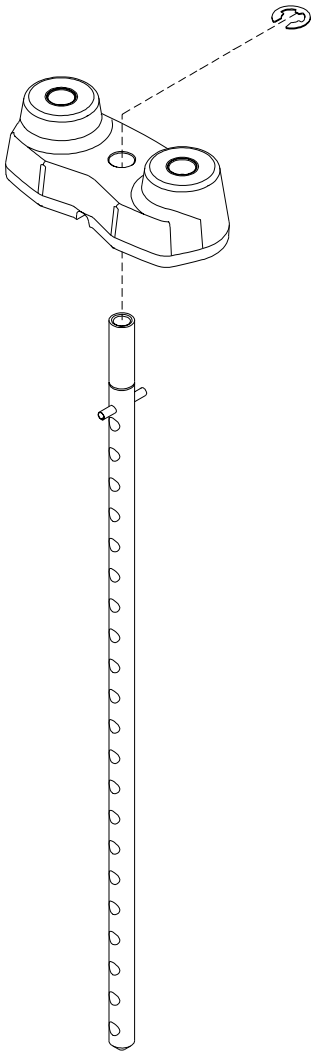


FIGURE 3

• MAKE SURE THAT THE HEADPLATE AND WEIGHT PLATES ARE ASSEMBLED AS SHOWN IN FIGURES 3 & 4

FIGURE 4



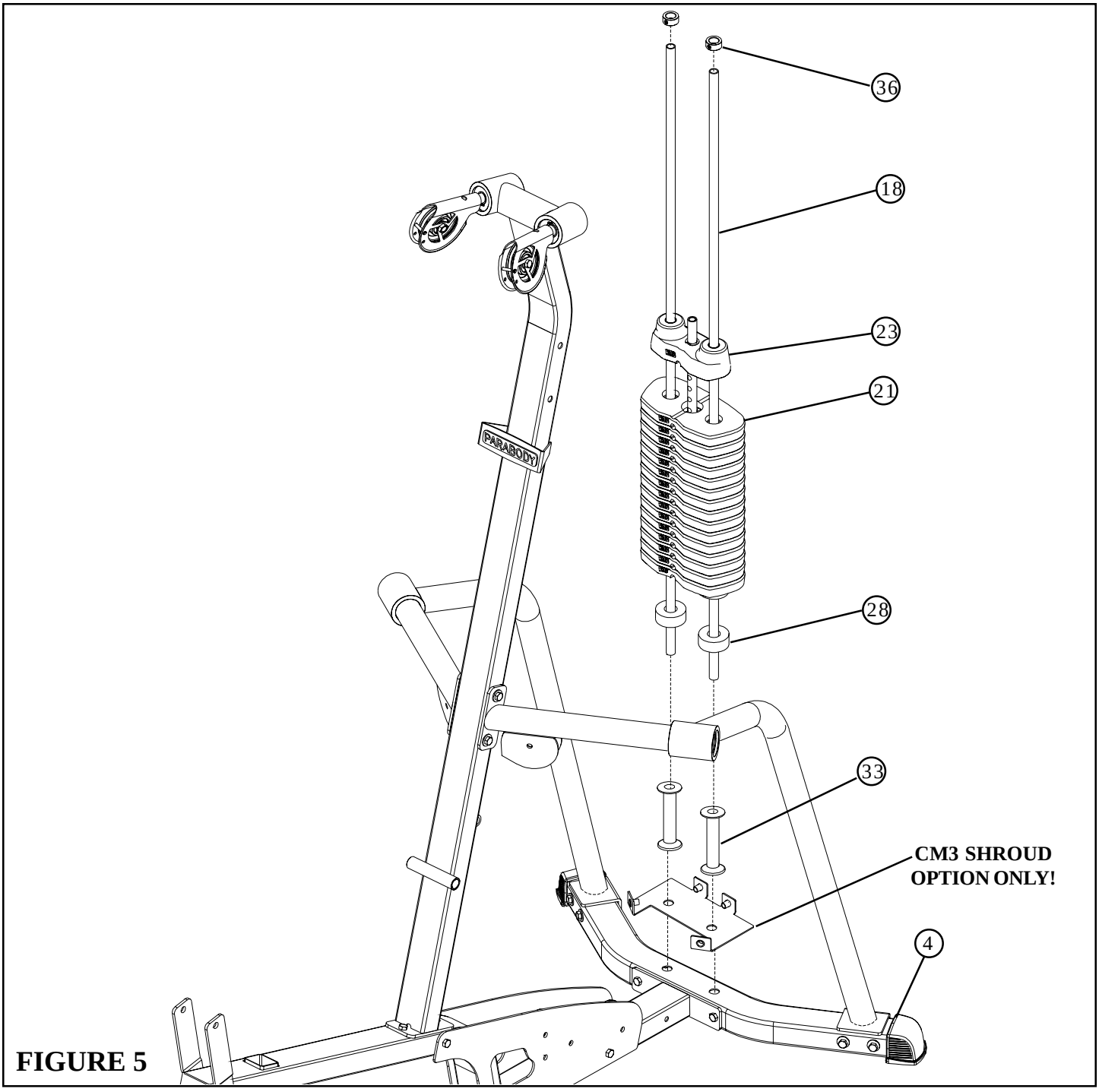


FIGURE 5

STEP 5:

- Insert two GUIDE RODS (18) into the REAR BASE (4) as shown on FIGURE 5. **(NOTE: If the CM3 SHROUD OPTION was purchased, place the GUIDE RODS (18) through the BOTTOM SHROUD BRACKET (found in SHROUD OPTION box) and into the REAR BASE (4) as shown in FIGURE 5.**

- **(NOTE: Lubricate GUIDE RODS (18) with silicon lube package included with gym . Silicon or teflon spray are available at most hardware stores).**

- Slide two WEIGHT STACK SPACERS (33), and two WEIGHT STACK CUSHIONS (28) down over the GUIDE RODS (18).
- Using **EXTREME CARE** slide all fifteen WEIGHT PLATES (21) down over the GUIDE RODS (18) on to the WEIGHT STACK CUSHIONS (28). Make sure that the WEIGHT PLATES (21) are all facing as shown.
- Slide the HEAD PLATE ASSSEMBLY (23) down over the GUIDE RODS (18) onto the weight stack.
- Slide two SHAFT COLLARS (36) over the GUIDE RODS (18) as shown in FIGURE 5.

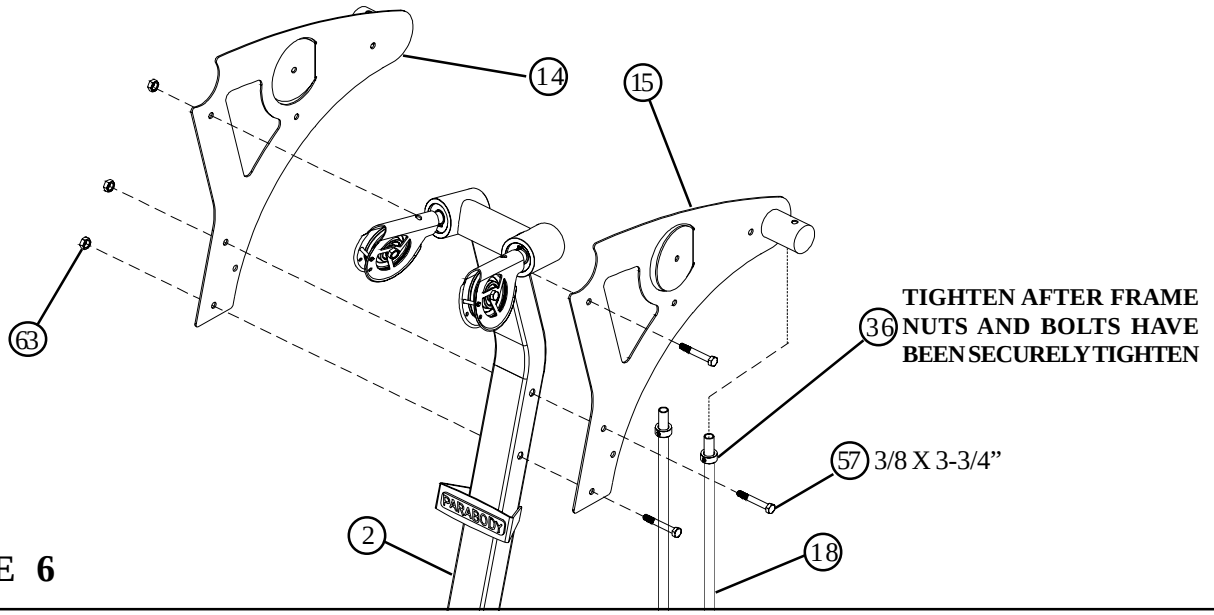


FIGURE 6

STEP 6:

- Swing the GUIDE RODS (18) into the guide rod bushings in each of the RIGHT and LEFT BOOM PLATES (14 & 15) as shown in FIGURE 6.
- **LOOSELY** assemble the RIGHT and LEFT BOOM PLATES (14 & 15) to the UPRIGHT (2) using three 3/8 X 3-3/4" BOLTS (57) and three 3/8" LOCK NUTS (63). See FIGURE 6.

SECURELY TIGHTEN ALL NUTS AND BOLTS BEFORE PROCEEDDING TO NEXT STEPS

- Slide the SHAFT COLLARS (36) to the top of the GUIDE RODS (18) and tighten set screws as shown in FIGURE 6.

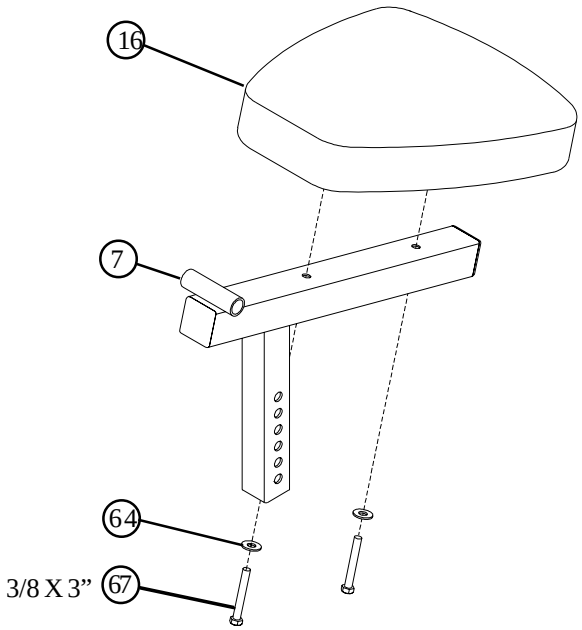


FIGURE 7

STEP 7:

- **SECURELY** assemble one SEAT PAD (16) to the SEAT ADJUST (7) using two 3/8 X 3" BOLTS (67) and two 3/8" WASHERS (64). See FIGURE 7.

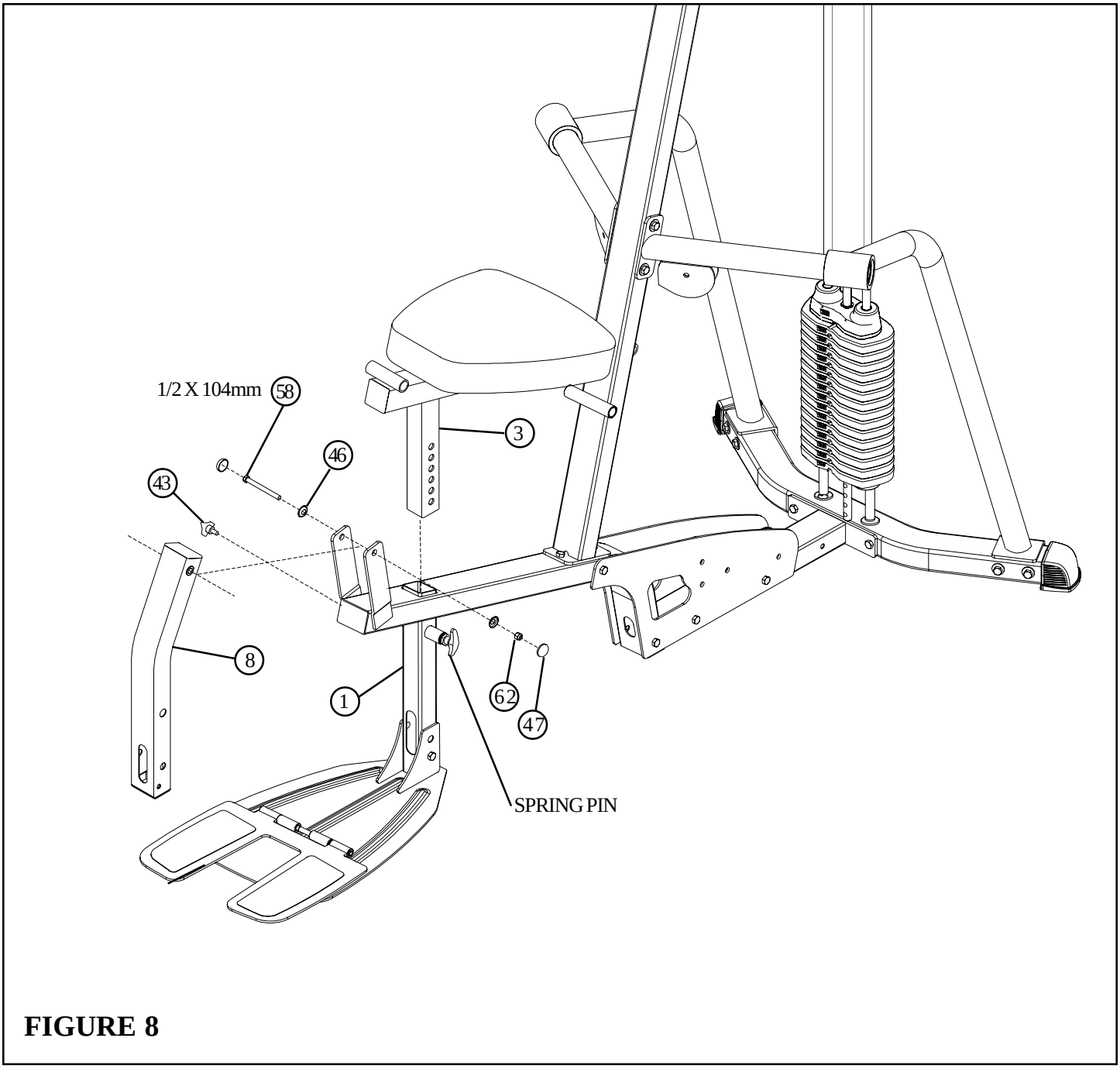


FIGURE 8

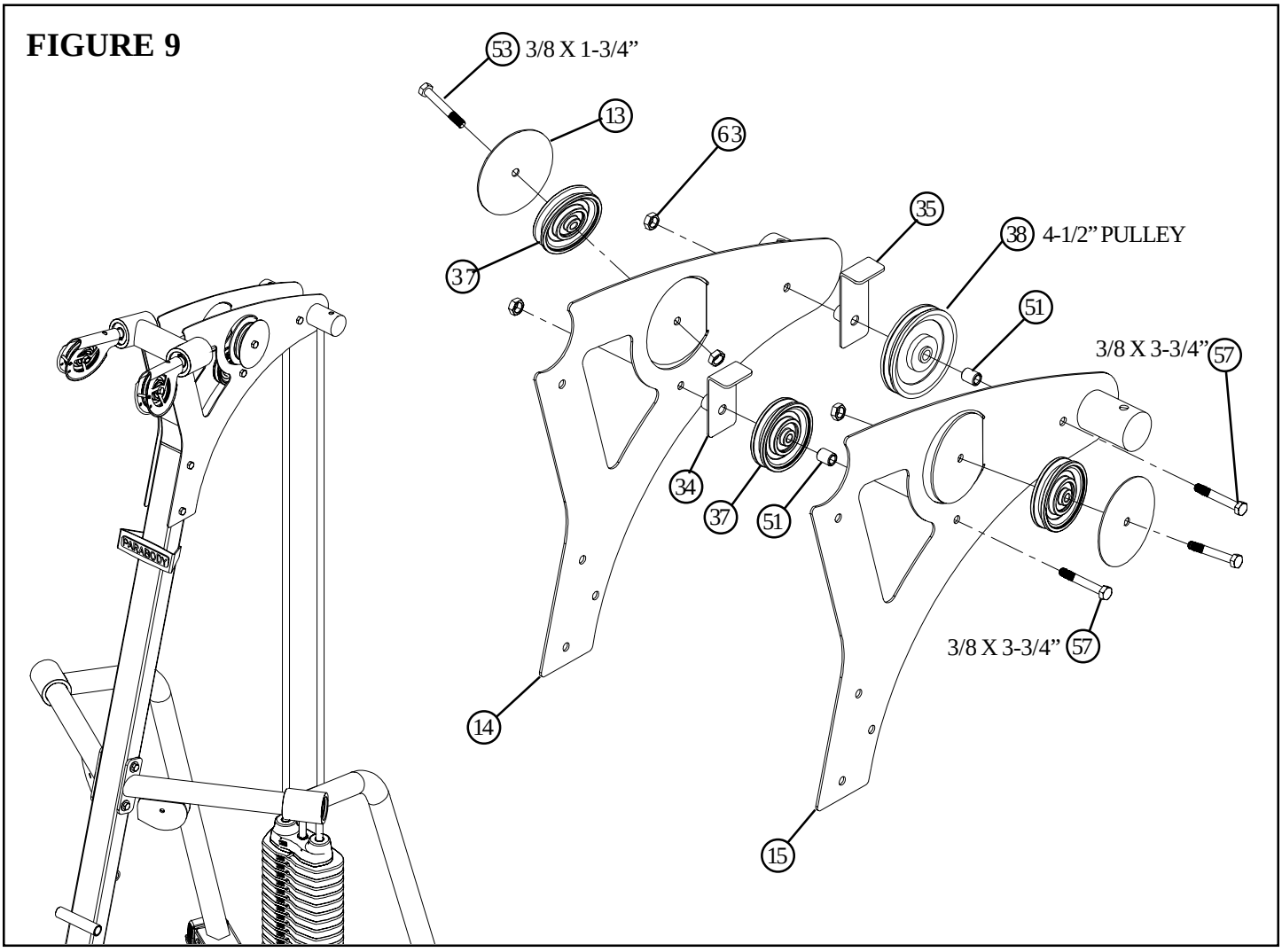
STEP 8:

- Securely assemble the 3 PRONG KNOB (43) to the FRONT BASE (1) as shown.

- Insert the SEAT ADJUST ASSEMBLY (7) into the FRONT BASE (1) as shown. The SEAT height can be adjusted using the SPRING PIN and can be secured with the 3 PRONG KNOB (43).

- Assemble the LEG PEDESTAL (8) to the FRONT BASE (1) using two RH CAPS (47), one 1/2 X 104mm BOLT (58), two 1/2" RH WASHERS (46), and one 1/2" LOW HEIGHT LOCK NUT (62). **(Note: Tighten this connection enough to remove excess play yet allow the LEG PEDESTAL to rotate freely.)**

FIGURE 9

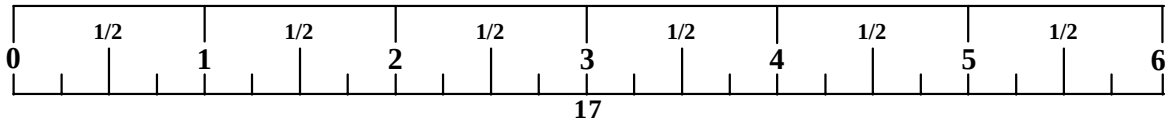


STEP 9:

- Assemble two BOOM PULLEY PLATES (13) and two 3-1/2" PULLEYS (37) to the BOOM PLATES (14 & 15) using two 3/8 X 1-3/4" BOLTS(53) and two 3/8" LOCK NUTS (63) . See FIGURE 9.

- **LOOSELY** assemble one 4-1/2" PULLEY (38) and one 4-1/2" CABLE GUARD (35) and one 1" SPACER (51) to the BOOM PLATES (14 & 15) using one 3/8 X 3-3/4" BOLT (57) and one 3/8" LOCK NUT (63)

- **LOOSELY** assemble one 3-1/2" PULLEY (37) and one 3-1/2" CABLE GUARD (34) and one 1" SPACER (51) to the BOOM PLATES (14 & 15) using one 3/8 X 3-3/4" BOLT (57) and one 3/8" LOCK NUT (63)



- **IMPORTANT! Uncoil and straighten all CABLES in order to remove all twist prior to installation**

STEP 10:

- Assemble the WEIGHT STACK PIN (27) to the HEAD PLATE ASSEMBLY (23) as shown in FIGURE 10.

- Screw the **long** threaded end of the WEIGHT STACK CABLE (29) into the end of the HEAD PLATE ASSEMBLY (23) .See FIGURE 10.

- Route the WEIGHT STACK CABLE (29) around the pulleys in the BOOM PLATES (14 & 15) as shown in FIGURE 10. **(NOTE: Make sure the cable runs in the grooves of the pulleys.)**

- Tighten the two 3/8 X 3-3/4 BOLTS (57) holding the 3-1/2" CABLE GUARD (34) and the 4-1/2" CABLE GUARD (35). **(NOTE: MAKE SURE THE GUARDS ARE ORIENTATED CORRECTLY)**

- Assemble two PULLEY PLATES (10) around one 3-1/2" PULLEY (37) using one 3/8 X 1-3/4" BOLT (53) and one 3/8" LOCK NUT (63) as shown in FIGURE 10.

FIGURE 10

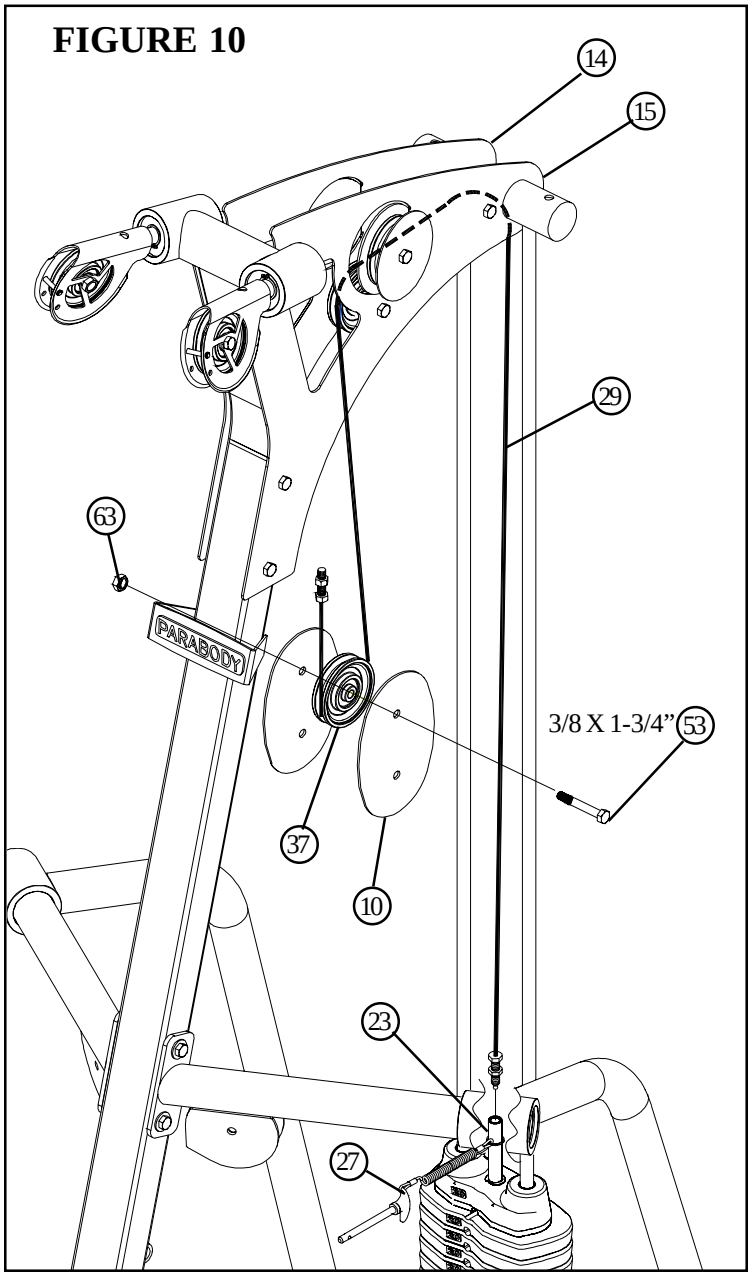
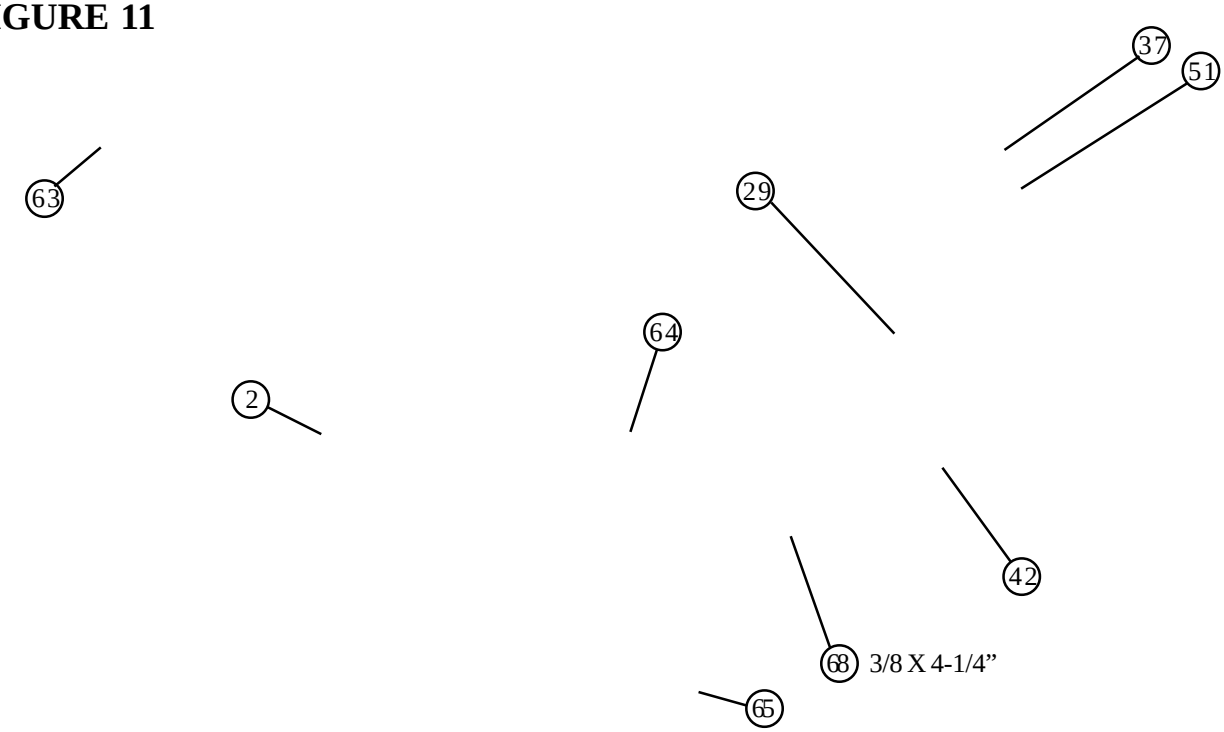
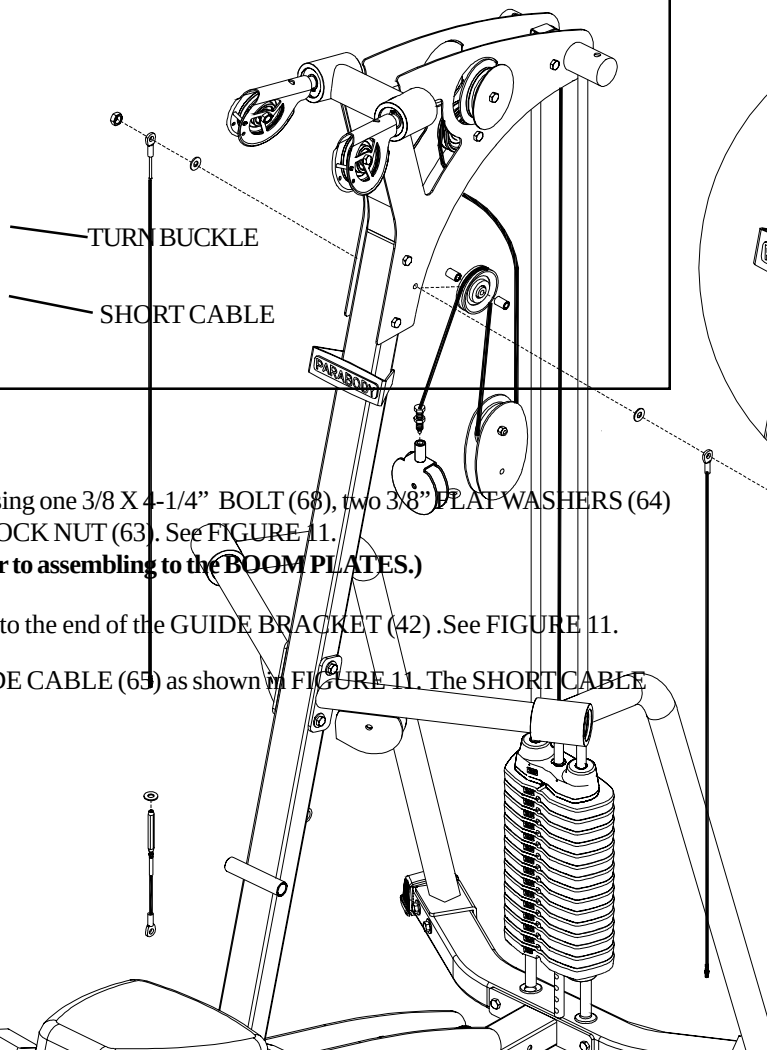


FIGURE 11





STEP 11:

- Assemble one 3-1/2” PULLEY (37) to the BOOM PLATES (14 & 15) using one 3/8 X 4-1/4” BOLT (68), two 3/8” FLAT WASHERS (64) two GUIDE CABLES (65), two 3/8 X 1” SPACERS (51) and one 3/8” LOCK NUT (63). See FIGURE 11.
  (Note: Loop the WEIGHT STACK CABLE around the PULLEY prior to assembling to the BOOM PLATES.)
- Screw the short threaded end of the WEIGHT STACK CABLE (29) into the end of the GUIDE BRACKET (42) .See FIGURE 11.
- Disassemble the SHORT CABLE and the TURN BUCKLE on the GUIDE CABLE (65) as shown in FIGURE 11. The SHORT CABLE will be reassembled later.

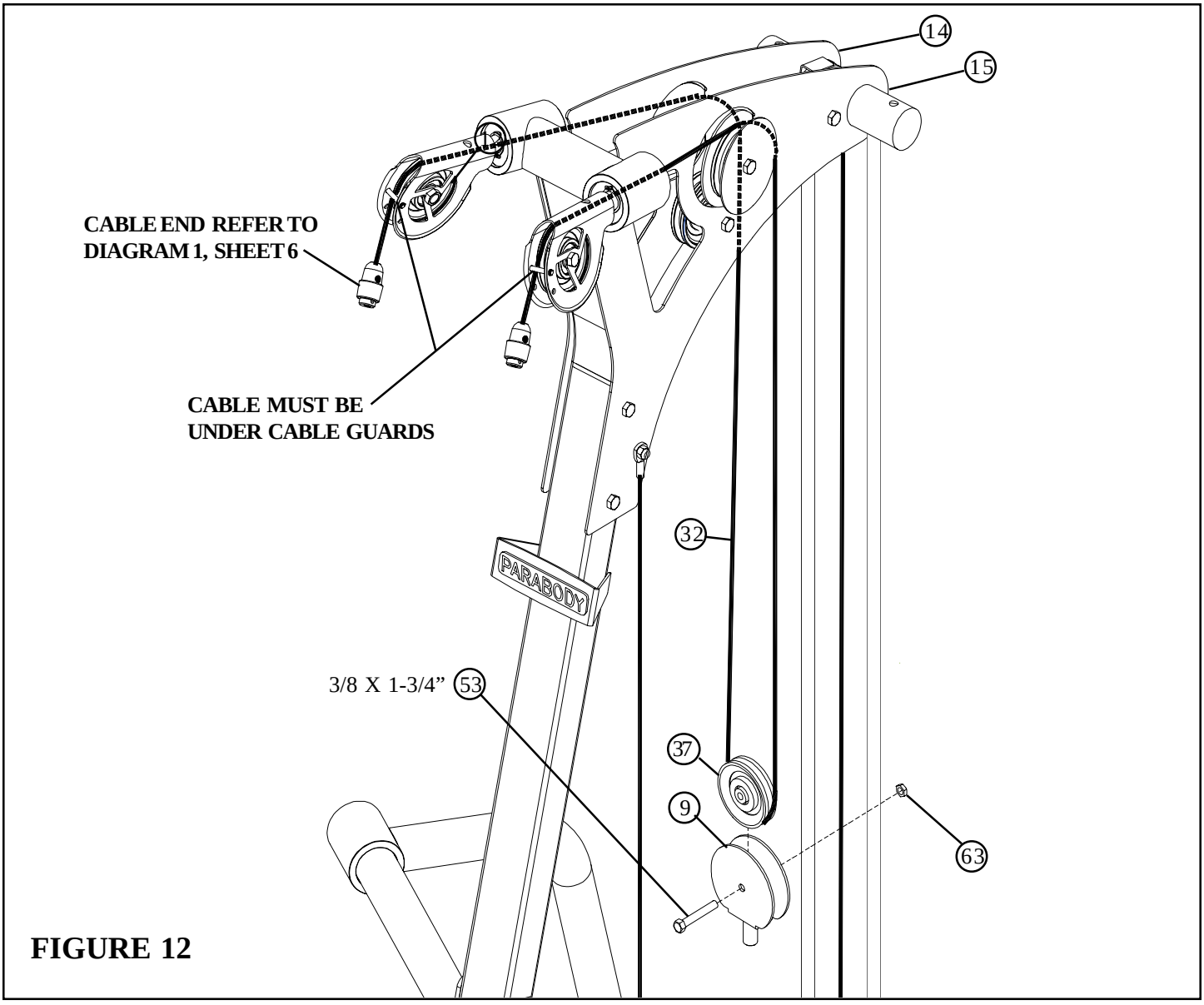


FIGURE 12

STEP 12:

- Assemble one 3-1/2" PULLEY (37) to the PULLEY BRACKET (9) using one 3/8 X 1-3/4" BOLT (53) and one 3/8" LOCK NUT (63) **(Note: Loop the BOOM CABLE around the PULLEY prior to assembling the PULLEY BRACKET.)**

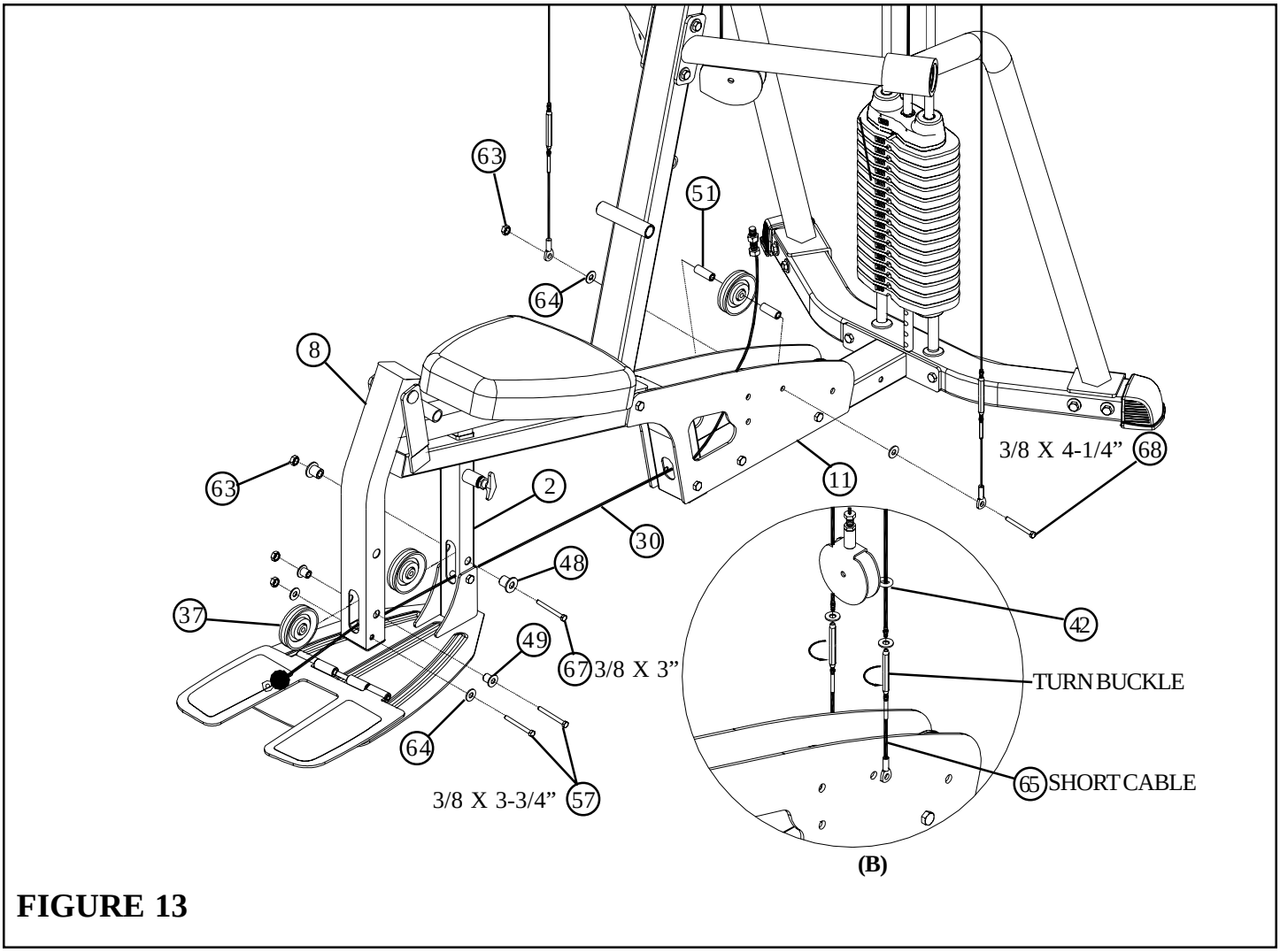


FIGURE 13

STEP 13:

- Securely assemble the ball end of the LEG CABLE (30) and one 3-1/2" PULLEY (37) to the LEG PEDESTAL (8) using two 3/8 X 3-3/4" BOLTS (57), two 3/8" X 1-1/16" FLANGE SPACERS (49), two 3/8" FLAT WASHERS (64), and two 3/8" LOCKNUTS (63). **(NOTE: The LEG CABLE (30) must be routed over the retaining bolt as shown in FIGURE 13.)**

- Securely assemble one 3-1/2" PULLEY (37) to the FRONT BASE (1) using one 3/8 X 3" BOLT (67), two 3/8 x 3/4" FLANGE SPACERS (48) and one 3/8" LOCKNUT (63). **(NOTE: The LEG CABLE (30) must be routed over the retaining bolt as shown in FIGURE 13.)**

- Assemble one 3-1/2" PULLEY (37) to the BASE PLATES (11) using one 3/8 X 4-1/4" BOLT (68), two 3/8" FLAT WASHERS (64), two GUIDE CABLES (65), two 3/8 X 1" SPACERS (51) and one 3/8" LOCK NUT (63). See FIGURE 13. **(Note: Loop the LEG CABLE (30) around the PULLEY prior to assembling the PULLEY to the BASE PLATES.)**

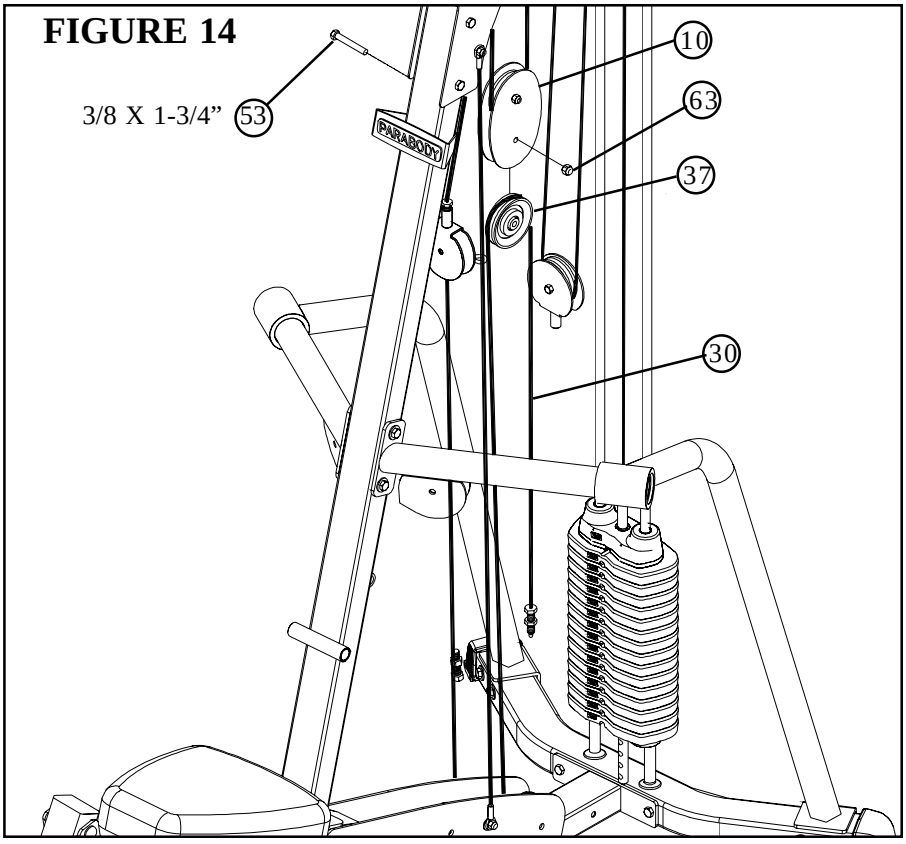
- **CAREFULLY** slide the GUIDE BRACKET (42) through the GUIDE CABLES (65) as shown in FIGURE 13(B).

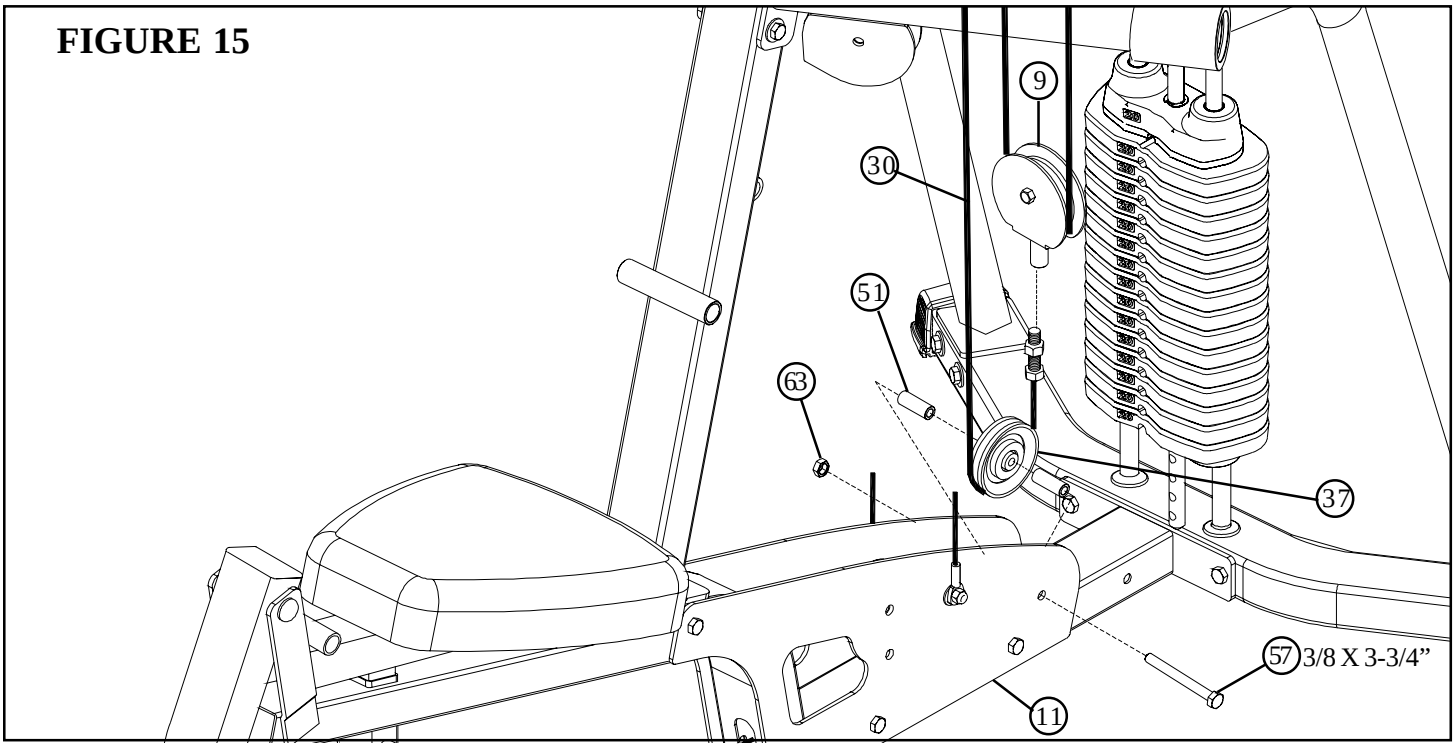
- Assemble the SHORT CABLE and the turnbuckle to each GUIDE CABLE (65) as shown in FIGURE 13(B).

- Adjust the turnbuckle on each GUIDE CABLE (65) to add tension to the GUIDE CABLES (65) until they are taut. Secure turnbuckle with the JAM NUTS as shown in FIGURE 13(B).

STEP 14:

- Assemble one 3-1/2" PULLEY (37) to the PULLEY PLATES (10) using one 3/8 X 1-3/4" BOLT (53) and one 3/8" LOCK NUT (63) as shown in FIGURE 14. **(Note: Loop the CABLE around the PULLEY prior to assembling the PULLEY PLATES.)**





STEP 15:

- Assemble one 3-1/2" PULLEY (37) to the BASE PLATES (11) using one 3/8 X 3-3/4" BOLT (57), two 3/8 X 1" SPACERS (51) and one 3/8" LOCK NUT (63). See FIGURE 15.
  (Note: Loop the LEG CABLE (30) around the PULLEY prior to assembling the BASE PLATES.)

- Screw the threaded end of the LEG CABLE (30) into the end of the PULLEY BRACKET (9). See FIGURE 15.

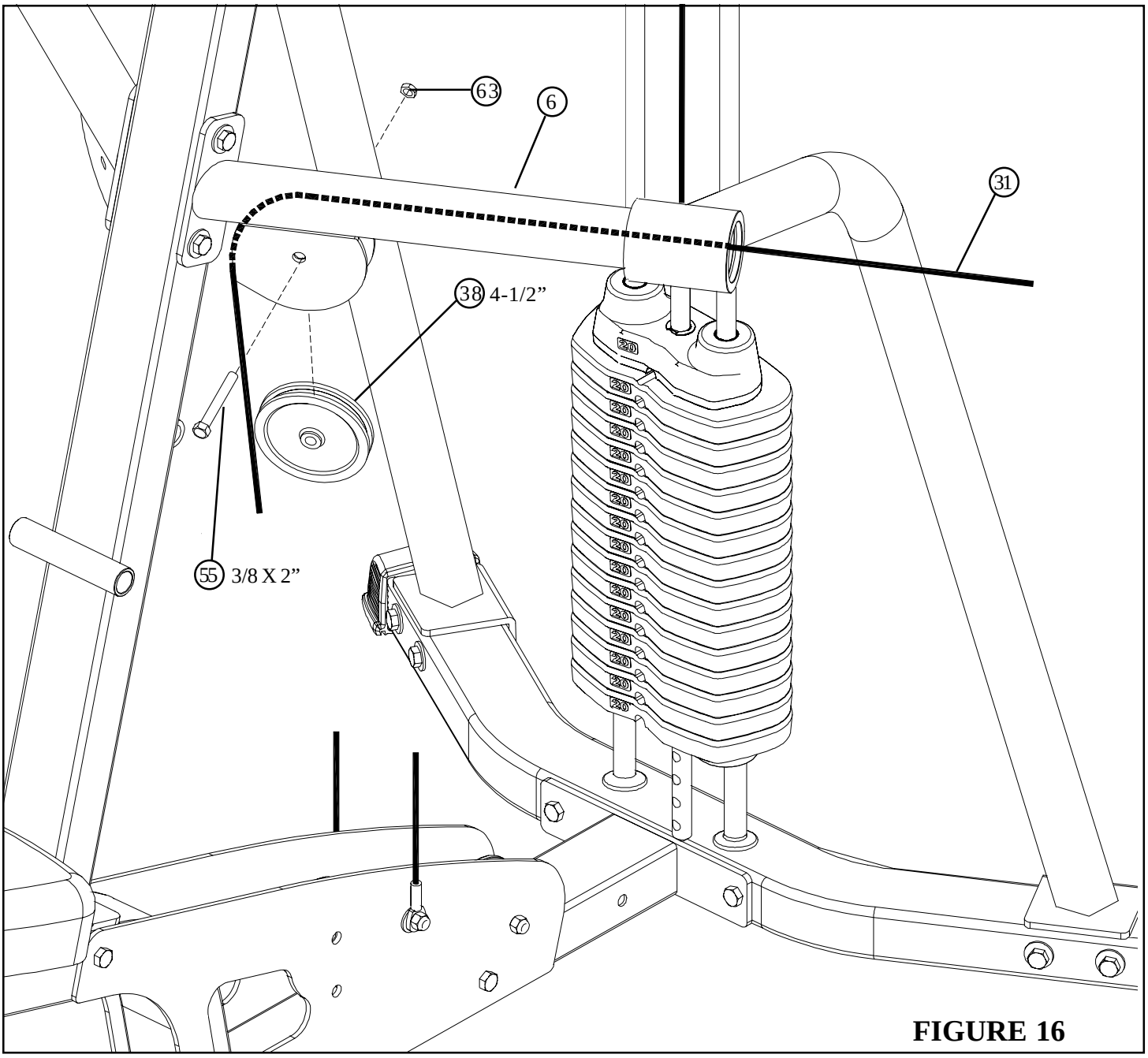


FIGURE 16

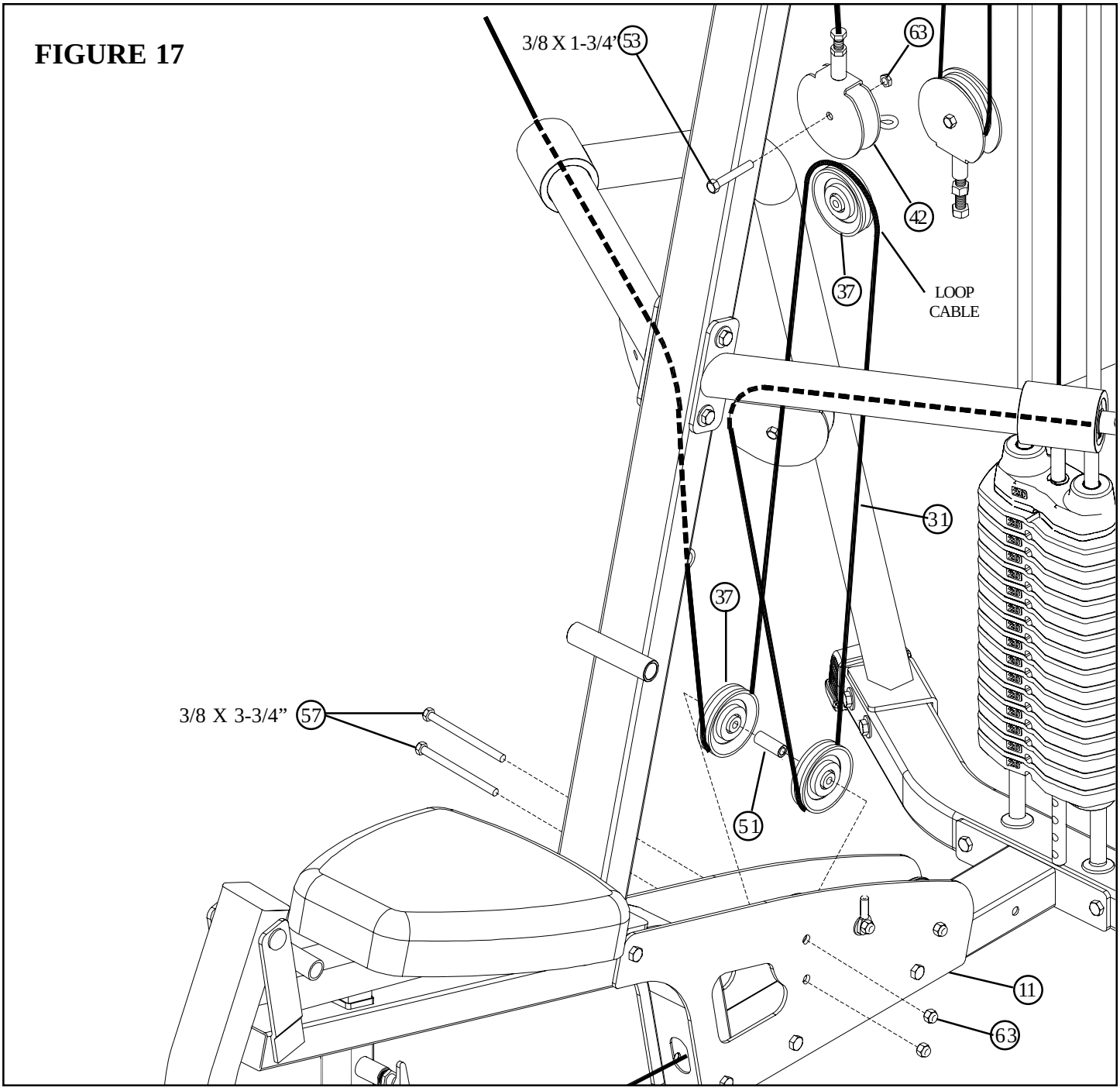
STEP 16:

- Route the ARM CABLE (31) through the LEFT ARM (6) as shown in FIGURE 16.

- Assemble one 4-1/2” PULLEY (38) to the LEFT ARM (6) using one 3/8 X 2” BOLT (55) and one 3/8” LOCK NUT (63). See FIGURE 16

. **(Note: Loop the ARM CABLE around the PULLEY prior to attaching to LEFT ARM.)**

FIGURE 17



STEP 17:

- Assemble two 3-1/2" PULLEYS (37) to the BASE PLATES (11) using two 3/8 X 3-3/4" BOLTS (57), one 3/8 X 1" SPACER (51) and two 3/8" LOCK NUTS (63). See FIGURE 17.**(Note: Loop the ARM CABLE (31) around the PULLEYS prior to assembling the PULLEYS. Leave a loop in the ARM CURL as shown!)**

- Assemble one 3-1/2" PULLEY (37) to the GUIDE BRACKET (42) using one 3/8 X 1-3/4" BOLT (53) and one 3/8" LOCK NUT (63) **(Note: Loop the ARM CABLE (31) around the PULLEY prior to assembling the PULLEY BRACKET.)**

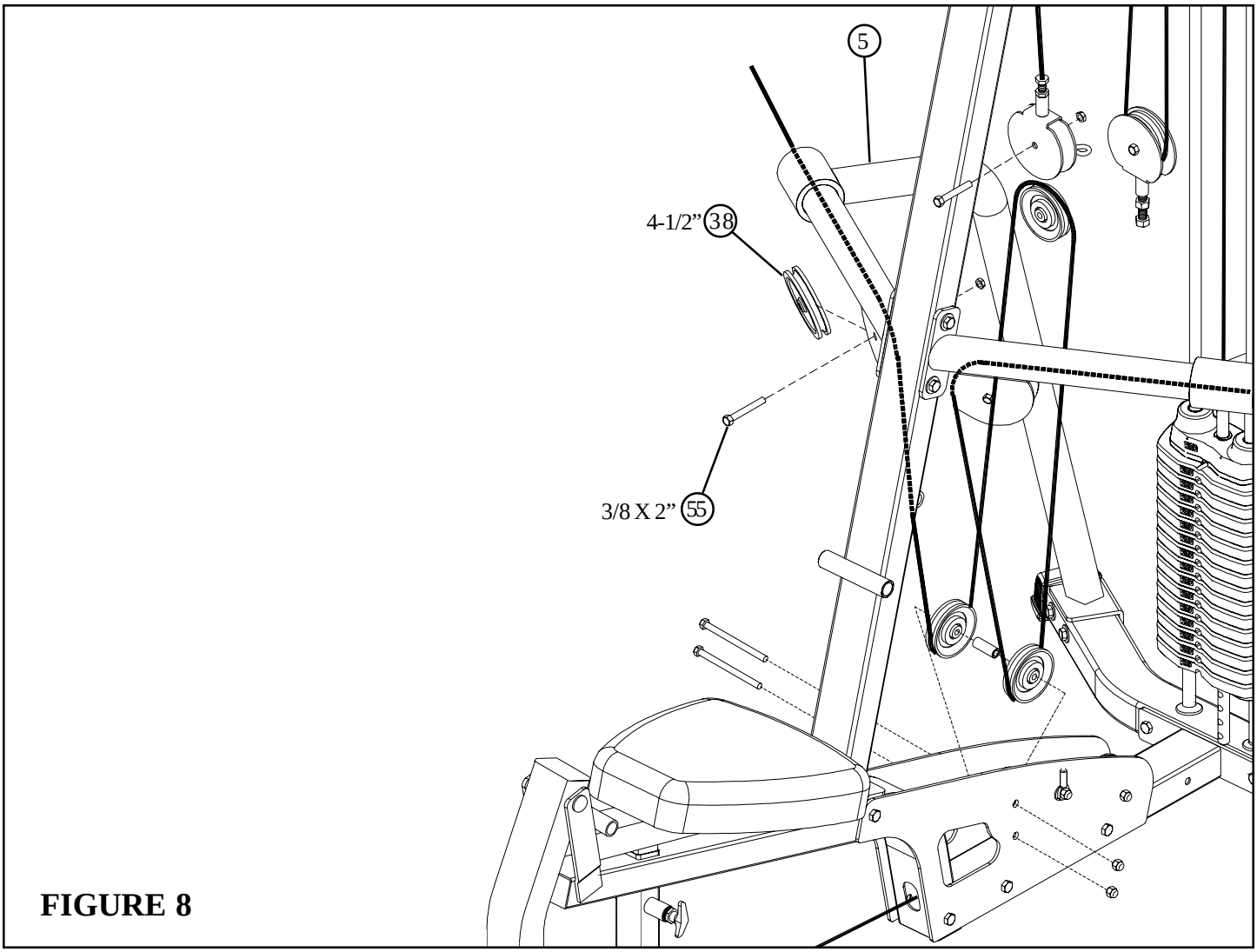


FIGURE 8

STEP 18:

- Route the ARM CABLE (31) through the RIGHT ARM (5) as shown in FIGURE 18.
- Assemble one 4-1/2" PULLEY (38) to the RIGHT ARM (5) using one 3/8 X 2" BOLT (55) and one 3/8" LOCK NUT (63). See FIGURE 18.
  (Note: Loop the ARM CABLE around the PULLEY prior to assembling the RIGHT ARM.)

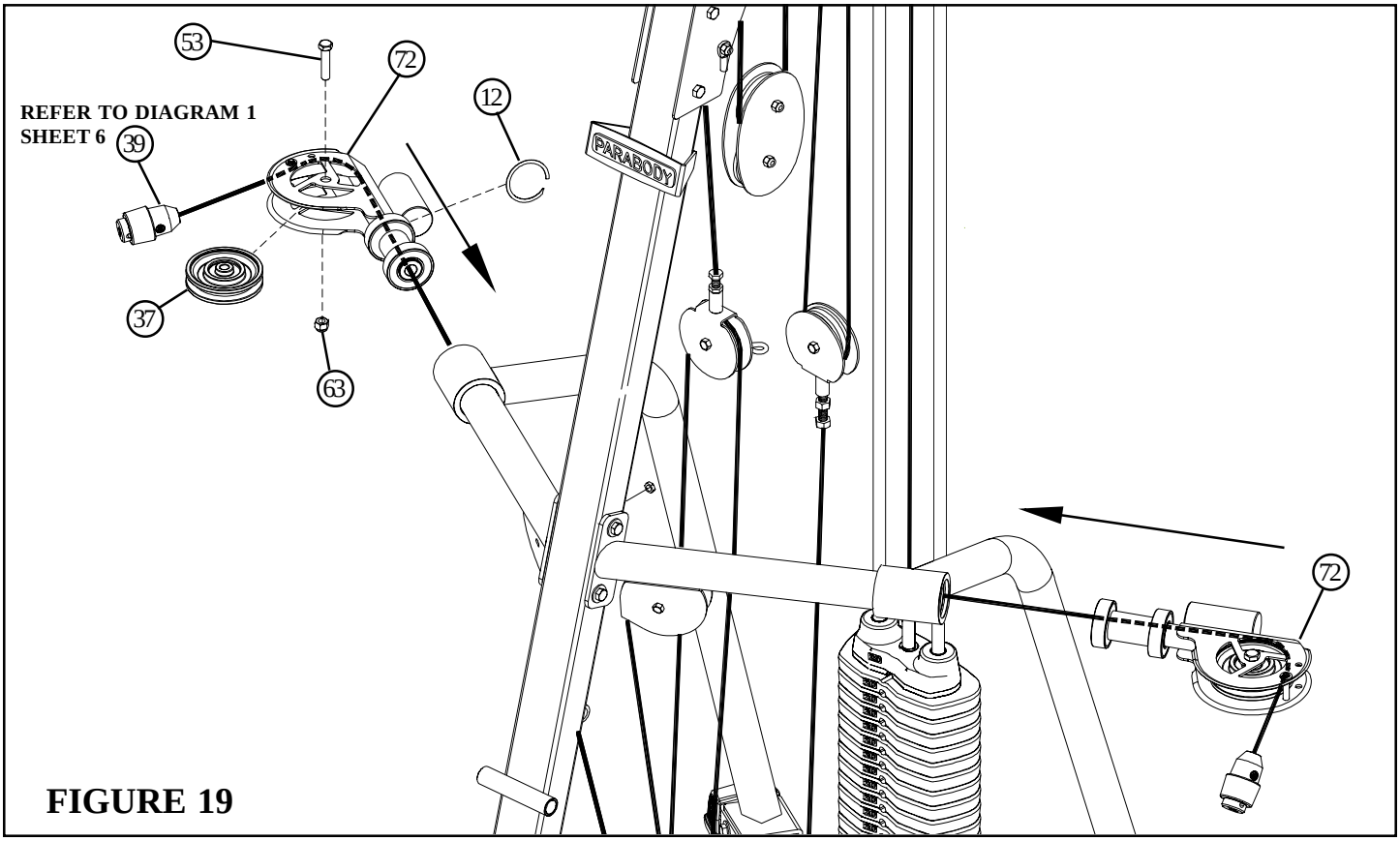
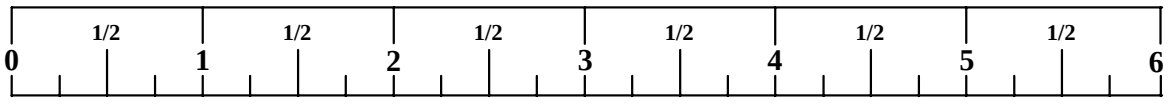


FIGURE 19

STEP 19:

- Insert cable end thru SWIVEL PULLEY ASSEMBLY (72) and insert PULLEY ASSEMBLY into LEFT and RIGHT ARMS (5 & 6)
- Secure SWIVEL PULLEY ASSEMBLY (72) with C-RINGS (12) into LEFT and RIGHT ARMS (5 & 6)
- Attach QUICK CONNECTS (39) to the cable. SEE DIAGRAM 1 (SHEET 6)



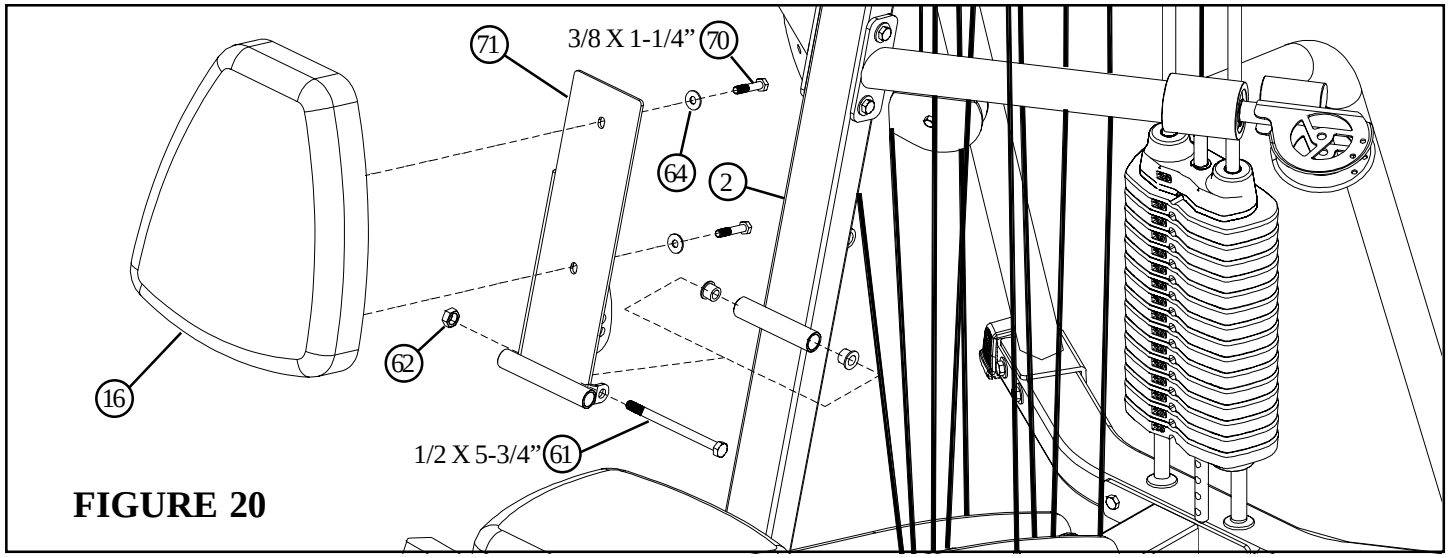


FIGURE 20

STEP 20:

- **SECURELY** assemble one SEAT PAD (16) to the BACK PAD ADJUSTMENT (71) using two 3/8 X 1-1/4" BOLTS (70) and two 3/8" WASHERS (64).See FIGURE 20.
- **SECURELY** assemble the BACK PAD ADJUSTMENT (71) to the UPRIGHT (2) using one 1/2 X 5-3/4" BOLT (61) and one 1/2" LOW HEIGHT LOCK NUT (62).See FIGURE 20.

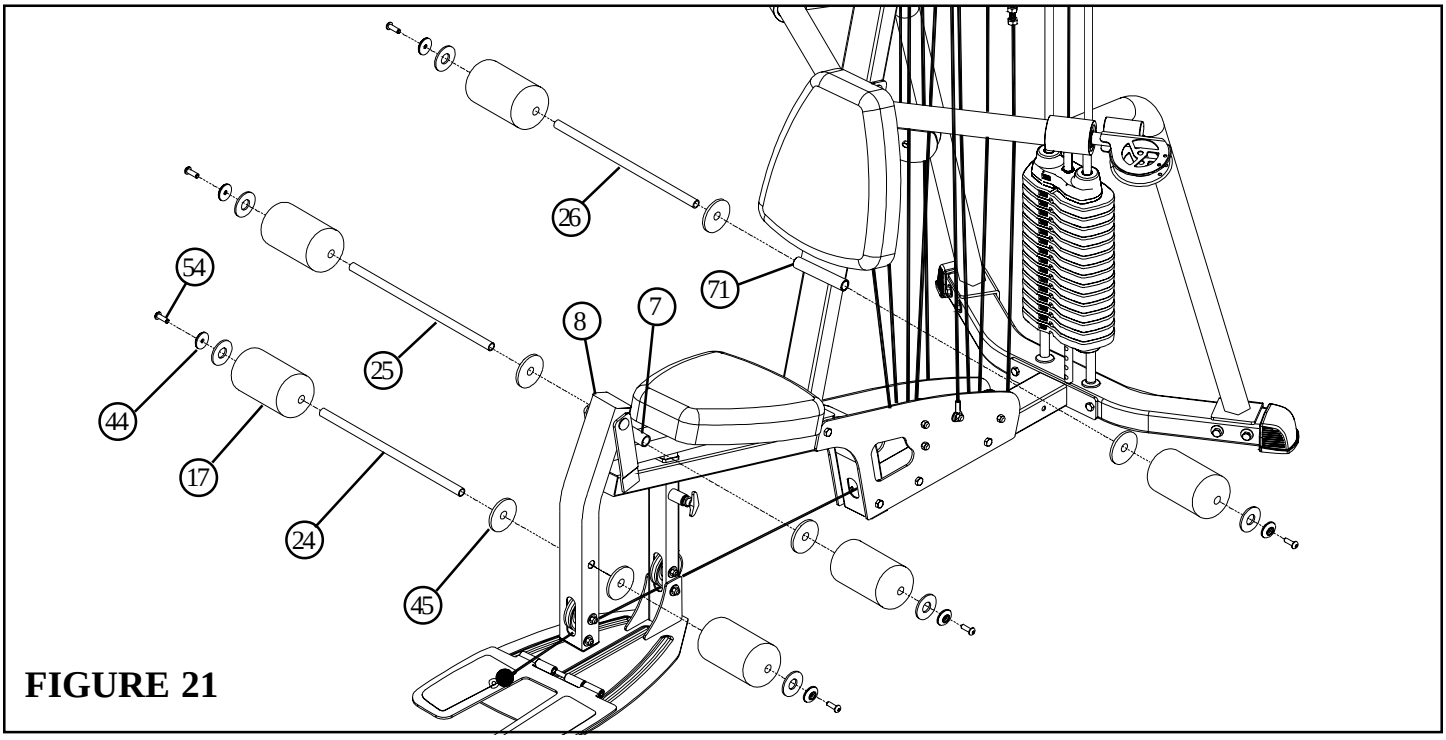


FIGURE 21

STEP 27:

- Assemble two ROLLER PADS (17) to the LEG PEDESTAL (8) using one 3/4 X 18" TUBE (24) four PLASTIC WASHERS (45), two 3/4" ROLLER PAD CAPS (44) and two 5/16 X 1" BUTTON HEAD ALLEN SCREWS (54).
- Assemble two ROLLER PADS (17) to the SEAT ADJUST (7) using one 3/4 X 18-3/8" TUBE (25), four PLASTIC WASHERS (45), two 3/4" ROLLER PAD CAPS (44) and two 5/16 X 1" BUTTON HEAD ALLEN SCREWS (54).
- Assemble two ROLLER PADS (17) to the BACK PAD ADJUSTMENT (71) using one 3/4 X 21" TUBE (26), four PLASTIC WASHERS (45), two 3/4" ROLLER PAD CAPS (44) and two 5/16 X 1" BUTTON HEAD ALLEN SCREWS (54).

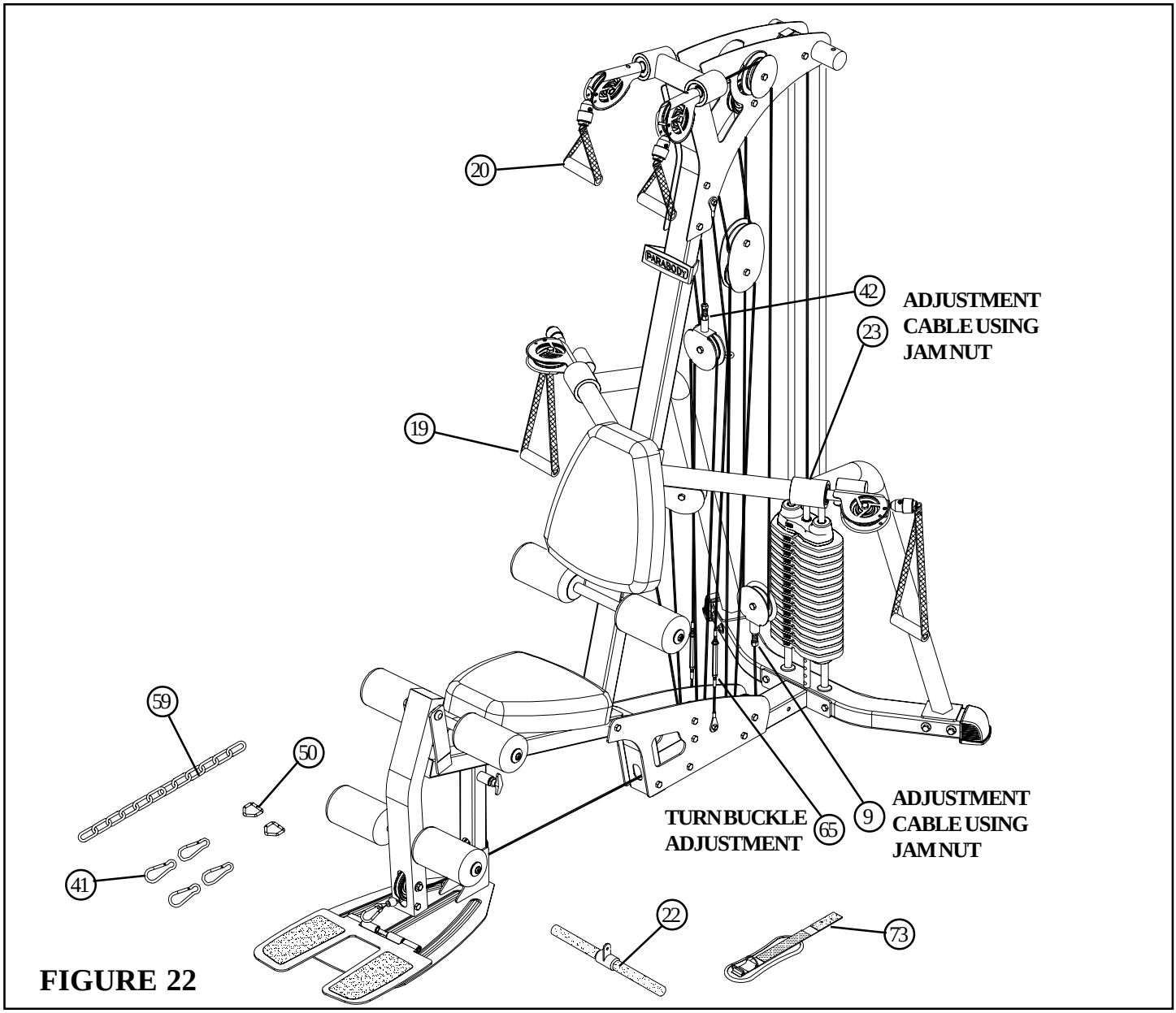


FIGURE 22

STEP 22:

- Adjustments can be made in the above locations to set the correct amount of tension in the cables.
- Adjust the turnbuckle on each GUIDE CABLE (65) to add tension to the GUIDE CABLES (65). Secure turnbuckle with the JAM NUTS as shown in FIGURE 22.
- If upon completion of assembly, the HEAD PLATE (23) does not sit on top of the first WEIGHT PLATE (21), push the HEAD PLATE (23) down, insert the WEIGHT STACK PIN (27) and perform several repetitions. This will relax the cable system and prevent the HEAD PLATE (23) from lifting up. See FIGURE 22
- If after completing the previous step, the HEAD PLATE (23) still does not sit on top of the first WEIGHT PLATE (21) or if there is excess slack in the cable system, adjust the threaded ends of the CABLES attached to the PULLEY BRACKETS (9) and (42) accordingly and retighten the jam nuts.See figure 22.
- For maximum performance, the HEAD PLATE (23) should just barely sit on the top WEIGHT PLATE (21).
- **NOTE: After making adjustments make sure all jam nuts are SECURELY TIGHTENED!**
- **This completes the assembly of the CM3 Gym System. If the CM3 SHROUD OPTION was purchased refer to the CM3 SHROUD KIT assembly instructions.**

Thank you for purchasing the ParaBody CM3 Gym System. If unsure of proper use of equipment, call your local ParaBody distributor or call the ParaBody customer service department at (800) 328-9714

MAINTENANCE

Please note:

* We recommend cleaning your product (pads and frame) on a regular basis, using warm soapy water. Touch-up paint can be purchased from your ParaBody customer service representative at (800) 328-9714.

* Inspect equipment daily. Tighten all loose connections are replace worn parts immediately. Failure to do so may result in serious injury

* Lubricate guide rods with a teflon based (or equivalent) lubricant on a regular basis

*** PLEASE RECORD THE INFORMATION REQUESTED BELOW. IN THE EVENT YOU MAY NEED SERVICE YOU WILL BE ASKED FOR THIS INFORMATION. REMEMBER TO FILL OUT YOUR WARRANTY REGISTRATION CARD AND MAIL BACK.**

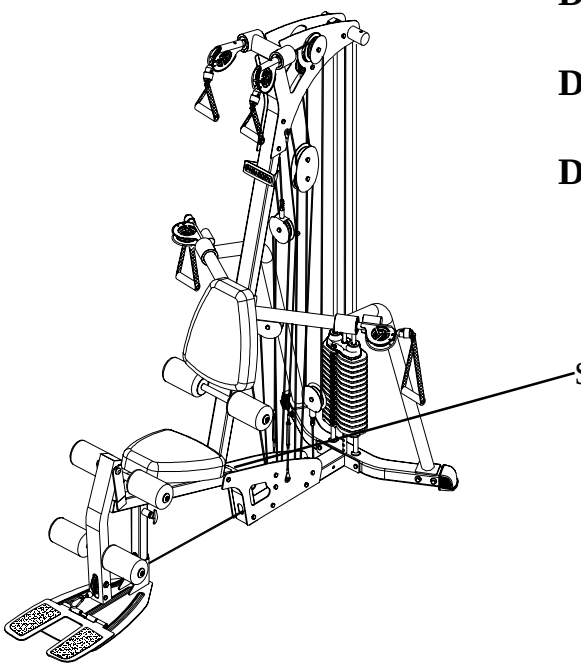
MODEL #_____

SERIAL #_____

DATE OF PURCHASE: _____

DEALERS NAME: _____

DEALERS PHONE #_____



Thank you for purchasing the ParaBody CM3 Gym System.

LIMITED WARRANTY

ParaBody extends the following LIMITED WARRANTY to the original owner of the ParaBody products. The Warranty terms apply to IN HOME USE ONLY.

1. LIMITED WARRANTY ON FRAME AND WELDS. If the frame of the ParaBody product or a weld should crack or break, it will be repaired or replaced by ParaBody. Terms: Lifetime – for so long as the Customer owns the ParaBody product.

2. LIMITED WARRANTY ON PARTS. If the following parts are defective in material or workmanship, ParaBody will supply replacement parts: all bolts, nuts, washers, bearings, bushings, pulleys, thumbscrews, collars, cable retaining clips, adjustable pre-stretch slides, roller pad shafts, allen head bolts, weight selector pin, weight stack shaft, set screws, protector caps, adjustment chain, cotter pin, plunger, spring and knob. Terms: Lifetime – for so long as the Customer owns the ParaBody product.

3. LIMITED WARRANTY ON CABLES AND UPHOLSTERY. If the coated cables or upholstery are defective in material or workmanship, ParaBody will repair or replace them, at its option. Terms: Three (3) years.

4. CONDITIONS AND EXCEPTIONS. Any product misuse, abuse or alteration, any attempt to repair by a person other than an authorized ParaBody Service Center, any improper assembly, accident, or any other condition resulting from occurrences beyond the control of ParaBody will void this Limited Warranty.

5. REPLACEMENT AND REPAIR EXPENSES. ParaBody will provide only replacement parts or repair under this warranty. The Owner is responsible for all other costs. Such costs may include, but are not limited to: a. labor charges for service, removal, repair or reinstallation of the ParaBody product or any component part; b. shipping, delivery, handling and administrative charges for returning parts to ParaBody; and c. all necessary or incidental costs related to installation of the replacement parts.

6. SHIPPING. If shipping by the Owners is deemed necessary (in sole discretion of ParaBody), parts should be shipped in their original carton or equivalent packaging, fully insured with shipping charges prepaid. ParaBody will not assume any responsibility for any loss or damage incurred in shipping.

7. CLAIM PROCEDURES. If service on your ParaBody product is required during the warranty period, please contact our Customer Service Department at 1-800-328-9714 for instructions regarding returning or replacing parts. Please have available the following information: (i) the dealer's name; (ii) the date of purchase; (iii) the serial # (s) of your product (the serial number location is called out on the final assembly drawing included with your assembly instruction); (iv) a description of the nature of the problem.

8. OWNER'S RIGHT. This Limited Warranty gives you specific legal rights. You may also have other rights, which vary depending on local law.

9. LIMITATION OF IMPLIED WARRANTIES. All implied warranties, except to the extent prohibited by applicable law, shall have no greater duration than the warranty period set forth above. There are no warranties which extend beyond the description in this Limited Warranty. Because local laws do not allow limitations on how long an implied warranty lasts, the above limitations may not apply to you.

10. DISCLAIMER. No other express warranty has been made or will be made on behalf of ParaBody with respect to any ParaBody product or the operation, repair or replacement of any ParaBody product. ParaBody shall not be responsible for injury, loss of use of the ParaBody product, inconvenience, loss or damage to personal property, whether direct or indirect, and incidental or consequential damages, so the above limitation or exclusion may not apply to you.

NOTES:

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